

How To Run a Tabletop Exercise

1



Design the exercise

Create an outline of your team's plan that you'll put to use in the session.

2



Run the experiment

Have your team act out the scenario and go through every step of your plan.

3



Reflect

Look back on what went well, what went wrong, and what you'd like to change for next time.

Disaster Recovery Tabletop Exercise Template

Brandon Phipps



Disaster Recovery Tabletop Exercise Template:

Creating an Effective Disaster Recovery Plan for Businesses Brandon Phipps,2025-01-14 In an era of unprecedented risks from natural disasters to cyberattacks every business needs a robust plan to safeguard its operations data and reputation Creating an Effective Disaster Recovery Plan for Businesses is the definitive guide for organizations looking to build resilience minimize downtime and emerge stronger from disruptions This comprehensive eBook takes you step by step through the process of disaster recovery planning equipping you with actionable insights and tools to protect your business Whether you re a small business owner or a leader in a large enterprise this guide is designed to be your roadmap to operational continuity and long term success Inside You ll Discover The foundational principles of disaster recovery and business continuity How to assess risks and conduct a Business Impact Analysis BIA to prioritize critical functions Key components of a disaster recovery plan from data backups to communication strategies Practical tools templates and checklists to streamline your planning process Best practices for testing training and improving your plan Real world insights and lessons from successful disaster recovery efforts With clear explanations practical examples and easy to use templates this eBook transforms the complex process of disaster recovery into an achievable strategy Whether you re preparing for the next big storm a cyberattack or an unexpected system failure this guide will help you safeguard your business and secure its future Who Should Read This eBook Business owners and executives seeking to protect their operations IT professionals tasked with creating and managing disaster recovery plans Risk managers and consultants looking for best practices and practical tools Anyone committed to building a resilient organization capable of withstanding disruption Be prepared Be resilient Be ready Creating an Effective Disaster Recovery Plan for Businesses is your essential resource for protecting what matters most

Gamified Tabletop Exercises for Effective Disaster Recovery Testing

John Svazic,2025-05-22 Tabletop exercises are a common way to test disaster recovery and business continuity plans but they can also be some of the most dry and boring meetings any professional can attend Following a set script with no variation can cause folks to lose interest and question the value of such exercises even when they are required for compliance frameworks such as SOC2 What is a security professional to do Simple introduce variability by adding dice Gamification isn t a new idea but applying some principles of gamification to a traditional tabletop exercise can breathe new life into a potentially monotonous activity This book covers how to build a gamified tabletop exercise from the ground up and provides example exercises you can build upon for your own needs Not only will participation improve but you will have reusable exercises to work with as each walk through can produce different results helping to cover multiple outcomes when testing your recovery capabilities By providing examples and a methodical approach on how to build gamification into a traditional tabletop the goal is to provide a new perspective on tabletop exercises that should be more engaging for all participants and thus more beneficial for everyone involved Avoid the monotony and start practicing with realistic consequences for decisions

with dice rolls What You Will Learn Plan build and execute tabletop exercises with participants Understand and explain gamification benefits and how to add it to traditional tabletop exercises Understand why and how to introduce such concepts to a traditional tabletop exercise Get up to speed on the purpose of tabletop exercises as well as how to improve participation and retention of exercise participants Compile tips and tricks to help when encountering unexpected issues during tabletop exercises from unexpected decisions to difficult participants Know tools and techniques such as using mind maps to help plan and build gamified tabletop exercises Who This Book Is For GRC or security professionals who would be responsible for executing a tabletop exercise or otherwise tasked with annual testing of the company disaster recovery business continuity plans Even participants who are looking for alternatives to traditional happy path tabletops may be interested

[A Supply Chain Management Guide to Business Continuity](#) Betty A. Kildow,2011-01-12 A well monitored supply chain is any business's key to productivity and profit But each link in that chain is its own entity subject to its own ups downs and business realities If one falters every other link and the entire chain becomes vulnerable Kildow's book identifies the different phases of business continuity program development and maintenance including Recognizing and mitigating potential threats risks and hazards Evaluating and selecting suppliers contractors and service providers Developing testing documenting and maintaining business continuity plans Following globally accepted best practices Analyzing the potential business impact of supply chain disruptions Filled with powerful assessment tools detailed disaster preparedness checklists and scenarios and instructive case studies in supply chain reliability A Supply Chain Management Guide to Business Continuity is a crucial resource in the long term stability of any business

Developing Your Pandemic Influenza Business Continuity Plan Dr Goh Moh Heng,2006-03-01 The flu pandemic continues to threaten organizations with unimaginable disastrous impact This book provides the principles of the BCM planning methodology and shows how they can be applied to prepare an effective and detailed pandemic flu business continuity plan It is a comprehensive guide book that includes a practical fast track how to do it template so that even those without previous experience in business continuity planning can develop their own pandemic flu business continuity plans

Governance in the Digital Age Brian Stafford,Dottie Schindlinger,2019-04-09 A new edition of the 1 text in the human computer Interaction field This book seeks to chart the technology fueled changes taking place in the field of corporate governance and describes the impact these changes are having on boards and the enterprises they govern It also describes what the future could look like once companies truly embrace the power of technology to change governance Additionally this book will provide a set of suggested action steps for companies and their boards focused on ways they can leverage technology tools to enhance governance immediately Through a review of the latest governance research interviews with key thought leaders and case studies of enterprises that have embraced governance technology readers will be armed with new insights and approaches they can take to enhance the work of their boards and senior leaders to reach new levels of performance Explains how to use design and evaluation techniques

for developing successful interactive technologies Demonstrates through many examples the cognitive social and affective issues that underpin the design of these technologies Provides thought provoking design dilemmas and interviews with expert designers and researchers Uses a strong pedagogical format to foster understanding and enjoyment An accompanying website contains extensive additional teaching and learning material including slides for each chapter comments on chapter activities and a number of in depth case studies written by researchers and designers

The Distributed Functions of Emergency Management and Homeland Security David A. McEntire,2023-07-19 The Distributed Functions of Emergency Management and Homeland Security outlines the roles and responsibilities of various individuals and agencies involved in homeland security and all aspects of emergency management Each chapter focuses on the practical and applied aspects of a range of public servants in various departments and the organizations that they represent Rather than presenting a theoretical exploration alone the book examines the practical knowledge and hands on skills related to various functions and how their decisions and actions play into the larger framework of safety and security in the public private and nonprofit sectors Every professional has a unique and integral part to play in fulfilling their roles and obligations whether it be in relation to prevention mitigation preparedness response or recovery operations Personnel that frequently come to mind in such scenarios include emergency managers geographers and land use planners EMTs and paramedics fire fighters police officers public health officials nurses public administrators and public information officers And while these individuals are integral to homeland security and emergency management there are other professionals that also perform essential duties that while they aren t first to mind are vital to efforts relating to terrorism and disasters this includes pilots in the aviation sector the military attorneys psychologists and forensic professionals serving in pathology DNA and dentistry roles Chapters provide a holistic rendering of the homeland security and emergency management landscape to present all these various professional capabilities and contributions This includes how current functions are coordinated as well as how future efforts might change relative to a more proactive all hazards and holistic approach As such the book will be a useful resource for students and practitioners to understand the dynamic professions and various disciplines and fields that impact disaster and terrorism preparedness and response capabilities

Earthquake Monitoring, Research, and Preparation United States. Congress. Senate. Committee on Commerce, Science, and Transportation. Subcommittee on Disaster Prevention and Prediction,2011

Legislative Establishment Appropriation Bill United States. Congress. Senate. Committee on Appropriations,2007

Readying a Company for a Catastrophic Event Paul C. Constant Jr.,Paul C. Constant,2010

Disasters are possible maybe inevitable Although their consequences may be uncontrollable the effects are to some extent and in many cases quite controllable if proper attention is given to planning for a disastrous event An organization cannot necessarily depend on help when a disaster strikes It must be prepared to tackle the disaster on its own This is especially true if the event is area wide regional or national in scope This book essentially is a stand alone publication that provides the

how to ready an organization for a catastrophic or lesser event It is a template for an organization to internally develop in a cost effective manner a plan to cover prevention techniques to minimize potentially adverse consequences from a disastrous event how to prepare for an event such as planning training personnel and acquiring and maintaining the supplies and information that will be crucial in responding to and handling a crisis event as well as recovering from the event Strategic methods are given on these processes whether the event is natural technological or man made The disaster management system is defined through its seven principal tools Numerous examples are given to facilitate a better understanding of the disaster management system Required teams and task forces are identified as well as internal and external information that may be needed Guidelines are given for determining an organization s critical assets determining their vulnerability and rating and ranking critical assets Other areas covered include pre and post financial issues impact determination fiscal analyses and decisions needed to be made pertinent questions to be asked in order to make prudent decisions organizational areas of concern legal security HR business etc incident and crises responses to be undertaken plans to be developed training of personnel recovery and closeout operations tabletop exercise scenarios and much more The Handbook of Computer Networks, Distributed Networks, Network Planning, Control, Management, and New Trends and Applications Hossein Bidgoli,2008 The Handbook of Computer Networks is the third set of reference books from leading author and Professor of Management Information Systems at California State University Bakersfield Hossein Bidgoli The Handbook of Computer Networks is designed to arm researchers practitioners students and managers with in depth understanding of this important and fast growing field in its broadest scope and in an applied and functional framework Each volume incorporates state of the art core information and networking topics practical applications and coverage of the emerging issues in the computer networking and data communications fields Ransomware Tabletop Exercise for Government Agencies Jacquelyn C. Fields,2020 Ransomware is a form of malicious software malware that attacks computer systems encrypts the victim s files and prevents the victim from accessing their data Ransomware attacks on critical information technology systems can cause loss of service and productivity State and local government agencies are especially vulnerable to attacks due to their limited access to resources and lower than standard industry pay which makes it difficult to recruit top talent This project submitted in partial fulfillment of the requirements for the degree Master of Science in Cybersecurity examines the issue of ransomware attacks Utilizing National Incident Management Systems protocols created by the Federal Emergency Management Agency for natural disaster responses this project creates tabletop training exercises to be used by cybersecurity professionals and other government officials in order to prepare for and respond to these incidents Trained facilitators will guide the participants through each exercise which concludes with a debriefing session This project is designed to inform and educate those participants in order to prepare them for an actual event This project includes a detailed description of how FEMA and NIMS operate in relation to disaster recovery and how that relates to designing a

tabletop exercises geared towards responding to a ransomware attack This project focus on ransomware attacks against state and local government agencies since this is a growing situation that they are facing My goal with this project is to create a tabletop exercise for agencies to implement in their training programs to better prepare them for a ransomware attack on their agencies These tabletops are designed to simulate an actual response to a ransomware attack and will help agencies develop an idea of how prepared they are for an attack and make a plan for one

Simple Guidelines for Successful Disaster Recovery Planning Harry Fisher,2015-01-27 Fast Solution in 40 hours Have you been asked to prepare a thorough disaster recovery plan in your free time Do you really have any free time I provide a project plan with activities complete the risk assessment business impact analysis and a thorough DR Plan Complete this project in only 40 hours using a website provided free to book buyers You will find a complete project plan with milestones and related tasks and templates for every task to streamline communications information gathering analysis testing and training Save time and produce a quality DR Plan fast without the expense of outside high priced consultants and office politics Business Continuity Planning is about looking ahead and seeing what could potentially disrupt your operations and then finding ways to mitigate or avoid those events Using the accompanying book resources website you will have a checklist with a step by step list of activities that needs to be accomplished in proper order To support those activities I provide templates with interview questions to streamline the people part of the work and then templates to help support the analysis review part Lastly I provide templates including a presentation where you update slides for an executive review Once approved you have a master enterprise template that you will finalize as the company main document to review twice a year in your tabletop exercise for training and plan maintenance This book will take you from deer in the headlights to a completed plan in only 40 hours A practical approach for busy project managers to get the job done and minimize the cost and impact on everyone who has too much work on their plate already In this book are presentations you can deliver to increase awareness Secondly there are best practices provided for 10 typical organizations such as Hospitals Universities Elementary Schools Senior Centers Apartments Business Corporate Centers Farms First Responders and Government Agencies and refineries Finally there are templates your team can quickly complete to establish a simple disaster recovery plan in 40 hours or less A website is provided with links to over 100 additional resources to support teaching and leading your organization easily and effectively toward completion of your business recovery plan It includes over 20 videos templates and links to many other related files and lessons learned Why should you need to learn about Disaster Recovery Planning Every event requires a set of initial response activities These activities are usually termed as Incident Response or Emergency Response activities They more clearly define our instinctive reaction to how we provide for our safety and protection when an incident occurs These activities may also include an attempt to communicate with others family friends co workers or emergency officials Once an initial response has been achieved following an event a decision to implement either one or more of the organization s response plans is

determined One of the obligations all enterprise executives share is ensuring the survival of the enterprise in the event of disaster either a natural disaster like Hurricane Sandy or an unnatural disaster like an act of terrorism Developing documenting and deploying an enterprise disaster recovery or business continuity plan can be a difficult time consuming exercise Testing a business continuity plan can be an expensive proposition As such many enterprise planners are embracing Tabletop exercises as a more economical approach to plan validation Tabletop tests are similar in concept to the training pilots receive in aircraft simulators and are useful in enabling business continuity personnel to practice their skills in a safe environment **Emergency Response Tabletop Exercises for Drinking Water and Wastewater Systems** ,2005

Readying a Company for a Catastrophic Event Paul C. Constant Jr., Paul C. Constant, 2010 Disasters are possible maybe inevitable Although their consequences may be uncontrollable the effects are to some extent and in many cases quite controllable if proper attention is given to planning for a disastrous event An organization cannot necessarily depend on help when a disaster strikes It must be prepared to tackle the disaster on its own This is especially true if the event is area wide regional or national in scope This book essentially is a stand alone publication that provides the how to ready an organization for a catastrophic or lesser event It is a template for an organization to internally develop in a cost effective manner a plan to cover prevention techniques to minimize potentially adverse consequences from a disastrous event how to prepare for an event such as planning training personnel and acquiring and maintaining the supplies and information that will be crucial in responding to and handling a crisis event as well as recovering from the event Strategic methods are given on these processes whether the event is natural technological or man made The disaster management system is defined through its seven principal tools Numerous examples are given to facilitate a better understanding of the disaster management system Required teams and task forces are identified as well as internal and external information that may be needed Guidelines are given for determining an organization s critical assets determining their vulnerability and rating and ranking critical assets Other areas covered include pre and post financial issues impact determination fiscal analyses and decisions needed to be made pertinent questions to be asked in order to make prudent decisions organizational areas of concern legal security HR business etc incident and crises responses to be undertaken plans to be developed training of personnel recovery and closeout operations tabletop exercise scenarios and much more Tabletop Disaster Exercise Defense Civil Preparedness Agency. Staff College, 1978 Disaster Exercise Manual , 1998 *Tabletop Exercise Tool for Water Systems: Emergency Preparedness, Response, and Climate Resiliency, June 2010, (DVD)* ., 2011 Exercise Development Handbook , 1991

Promoting Community Preparedness Erika H. High, Kay A. Lovelace, Bruce M. Gansneder, Robert W. Strack, Barbara Callahan, Phillip Benson, 2010 **Disaster Exercise** United States. Federal Emergency Management Agency. Region VIII., 1981

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