

The Skeletal System

- ▶ The main functions of the Skeletal System is to create a framework for the body, protect organs in the body, produce movement, store calcium and produce red blood cells.

Long Bones

- ▶ Makes up most bones in the arms and legs.
- ▶ Has a long shaft (hence why it's names "Long bone")
- ▶ Facilitates movement and supports the weight of the body.
- ▶ Long bones include bones that make up the major part of the arms and legs, the metatarsals (foot bones), metacarpals (hand bones) and phalanges.

Short Bones

- ▶ Equal in length and width, like a cube
- ▶ Include the Carpals (wrist bones) and tarsals (ankle bones)
- ▶ Provide stability and movement.

Flat Bones

- ▶ Thin, flat and some are curved. **Metacarpals**
- ▶ Protect internal organs like a shield
- ▶ Found in the ribs, sternum and include cranial bones.

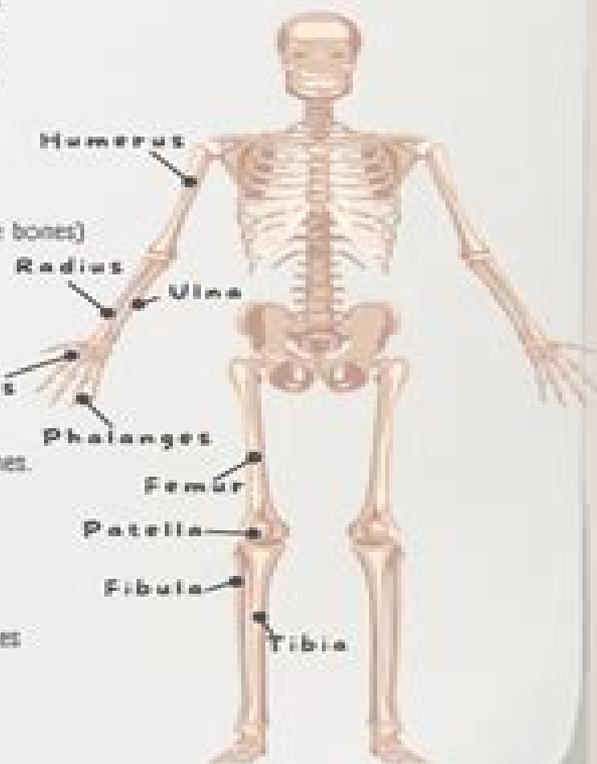
Irregular Bones

- ▶ Odd shaped, like a puzzle piece
- ▶ Do not fit the characteristic traits of other bones
- ▶ Includes the hip bones, vertebrae and sacrum

Sesamoid Bones

- ▶ A small bones that us usually embedded within a muscle or tendon near joints.
- ▶ Functions as a pulley to alleviate stress on the particular muscle or tendon it is embedded on
- ▶ Includes the Patella and bones that make up the knuckles on the hands and feet.

9 pages total



Study Guide For Skeletal System

Speedy Publishing



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Skeletal System Speedy Publishing, 2014-09-02 Depending on your career options the skeletal system can be a very crucial part of daily responsibilities at work For example one that studied sports or physical therapy will have to know everything about the body and its internal mechanisms in order to determine the best course of action in the case of injuries of any kind or accidents It is not just doctors that need to know such things and in an ever increasing world of initiative and capitalism self education can prove very helpful in moving on to new career options or simply knowing what to do in an emergency situation Skeletal System Advanced Speedy Study Guides Speedy Publishing, 2014-07-25 The human skeletal system consists of 206 bones In addition to the obvious functions of provide a framework for the body which both supports and protects other tissues it also has metabolic functions like blood cell production storage of calcium and regulation of the endocrine system The various functions are surprisingly complex and detailed plus the list of individual bones is quite long thus making a pamphlet about this system an indispensable quick reference for any serious student of biology **Skeletal System (Speedy Study Guide)** Speedy Publishing LLC, 2014-06-08 The skeletal system is the bone structure within our bodies which support the muscle and soft tissue which make up our bodies The skeletal system provides our body with strength and stability and enables us to engage in day to day functions such as walking running and jumping A chart would help one to understand where key bones are located in the human body **Student Notebook and Study Guide to Accompany The Human Body** Bruce Wingerd, Patty Bostwick Taylor, 2013-02-01 This Student Notebook and Study Guide the ideal companion to Bruce Wingerd s The Human Body reinvents the traditional study guide by giving students a tool to help grasp information in class and reinforce learning outside of class Too often students struggle to both learn the concepts presented and simultaneously record crucial information The Student Notebook and Study Guide provides a structure for recording in class material that parallels the text s concept presentation and includes supplemental questions and activities for assignment outside of the classroom A complete answer guide for both the in class and out of class materials is available online Study Guide for Today's Medical Assistant - E-Book Kathy Bonewit-West, Sue Hunt, Edith Applegate, 2014-07-30 Use this study tool to master the content from your Today s Medical Assistant Clinical Administrative Procedures 2nd Edition textbook Corresponding to the chapters in the textbook by Kathy Bonewit West Sue Hunt and Edith Applegate this study guide helps you understand and apply the material with practical exercises activities flashcards checklists review questions and more Chapter assignment tables at the beginning of chapters guide you through textbook and study guide assignments and make it easy to track your progress Laboratory assignment tables list the procedures in each chapter including study guide page number references and indicate the procedures shown on the DVDs A pretest and posttest in each chapter measure your understanding with 10 true false questions Key term assessments include exercises to help in reviewing and mastering new vocabulary Evaluation of Learning questions let you assess your understanding evaluate progress and prepare

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