

Unit 2 Study Guide

General Notes

- **Biological psychology:** scientific study of biological aspects of behavior & mental processes
- **Neuroscience:** scientific study of nervous system
- **Neuron:** cells that receive and transmit information from one body part to another
- There are three basic types of neurons:
 - **Sensory (afferent) neurons** convey information from specialized receptor cells in the sense organs, the skin, and the internal organs to the brain
 - **Motor (efferent) neurons** communicate information to the muscles and glands of the body (part of PNS)
 - **Interneurons** communicate information between neurons; they are the most common type of neuron found in the human nervous system
- The **cell body** (also called the *soma*) contains the nucleus, which provides energy for the neuron to carry out its functions
- **Dendrites** are short, branching fibers extending out from the cell body that receive information from other neurons or specialized cells
- The **axon** is a single, elongated tube that extends from the cell body and carries information from the neuron to other neurons, glands, and muscles
- Many axons are surrounded by a **myelin sheath**, a white, fatty covering that insulates axons from one another and increases the neuron's communication speed
- Terminal branches/buttons are at end of neurons and where information is sent out from
- Sir Charles Sherrington concluded that the link between the axon tip of the sending neuron and the dendrite or soma of the receiving neuron was the **synapse**
- **Action potential:** a brief electrical charge that travels down its axon (positive)
 - Sodium ion channels open; sodium ions rush into the axon.
 - Then sodium channels close, and potassium ion channels open, allowing potassium ions to rush out of the axon
 - Finally, potassium channels close
 - This sequence of *depolarization* and ion movement continues in a self-sustaining fashion down the entire length of the axon
 - The result is a brief positive electrical impulse that progressively occurs at each segment down the axon—the *action potential*
 - Following the action potential, a *refractory period* occurs during which the neuron is unable to fire. During this thousandth of a second or less, the neuron *repolarizes*, that is, it reestablishes the resting potential conditions.
- **Resting potential:** when an axon's interior has a negative electrical charge
- **Threshold:** level of stimulation required to trigger a neural impulse (if excitatory minus inhibitory signals exceeds threshold, the combined signals activate action potential)
- **All-or-nothing response:** a neuron must be sufficiently stimulated for action potential to occur or nothing will happen

Ap Psychology Benchmark 2 Review Guide Unit I

Arturo Cuomo



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Table of Contents Ap Psychology Benchmark 2 Review Guide Unit I

1. Understanding the eBook Ap Psychology Benchmark 2 Review Guide Unit I
 - The Rise of Digital Reading Ap Psychology Benchmark 2 Review Guide Unit I
 - Advantages of eBooks Over Traditional Books
2. Identifying Ap Psychology Benchmark 2 Review Guide Unit I
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Ap Psychology Benchmark 2 Review Guide Unit I
 - User-Friendly Interface
4. Exploring eBook Recommendations from Ap Psychology Benchmark 2 Review Guide Unit I

- Personalized Recommendations
 - Ap Psychology Benchmark 2 Review Guide Unit I User Reviews and Ratings
 - Ap Psychology Benchmark 2 Review Guide Unit I and Bestseller Lists
5. Accessing Ap Psychology Benchmark 2 Review Guide Unit I Free and Paid eBooks
 - Ap Psychology Benchmark 2 Review Guide Unit I Public Domain eBooks
 - Ap Psychology Benchmark 2 Review Guide Unit I eBook Subscription Services
 - Ap Psychology Benchmark 2 Review Guide Unit I Budget-Friendly Options
 6. Navigating Ap Psychology Benchmark 2 Review Guide Unit I eBook Formats
 - ePub, PDF, MOBI, and More
 - Ap Psychology Benchmark 2 Review Guide Unit I Compatibility with Devices
 - Ap Psychology Benchmark 2 Review Guide Unit I Enhanced eBook Features
 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Ap Psychology Benchmark 2 Review Guide Unit I
 - Highlighting and Note-Taking Ap Psychology Benchmark 2 Review Guide Unit I
 - Interactive Elements Ap Psychology Benchmark 2 Review Guide Unit I
 8. Staying Engaged with Ap Psychology Benchmark 2 Review Guide Unit I
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Ap Psychology Benchmark 2 Review Guide Unit I
 9. Balancing eBooks and Physical Books Ap Psychology Benchmark 2 Review Guide Unit I
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Ap Psychology Benchmark 2 Review Guide Unit I
 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
 11. Cultivating a Reading Routine Ap Psychology Benchmark 2 Review Guide Unit I
 - Setting Reading Goals Ap Psychology Benchmark 2 Review Guide Unit I
 - Carving Out Dedicated Reading Time
 12. Sourcing Reliable Information of Ap Psychology Benchmark 2 Review Guide Unit I

- Fact-Checking eBook Content of Ap Psychology Benchmark 2 Review Guide Unit I
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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