



**A STUDY ON STRESS MANAGEMENT
AT ANDAAL MATCH INDUSTRIES, KAVERIPATTINAM**

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**KARPAGAM COLLEGE OF ENGINEERING
(AUTONOMOUS)**

**Under the Guidance of
Ms. Minerva Silviya.D MBA.,
PROJECT REPORT**

Submitted to the



FACULTY OF MANAGEMENT STUDIES

**In partial fulfillment of the requirements
For the Award of the Degree
Of**

MASTER OF BUSINESS ADMINISTRATION

In

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