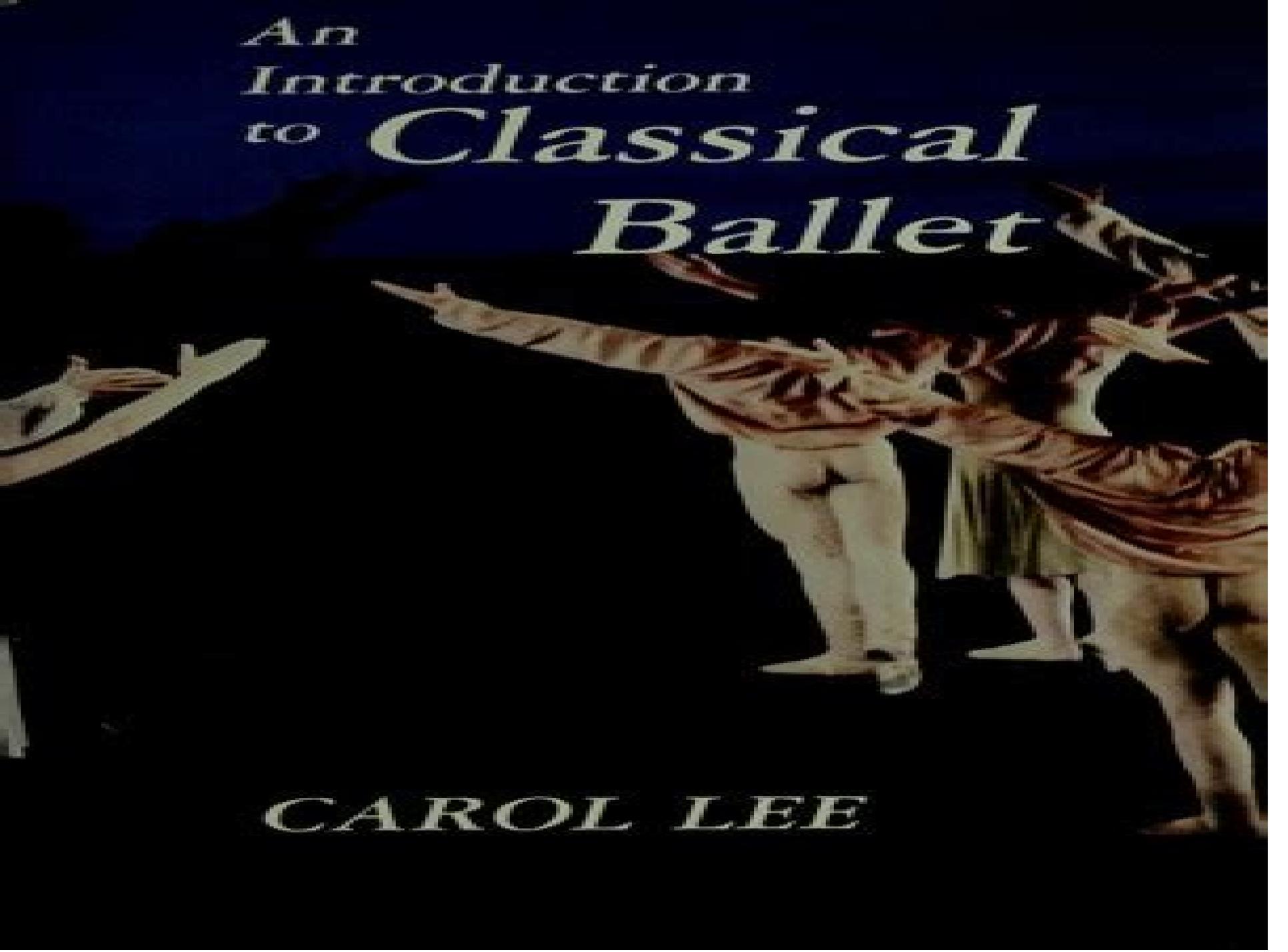


An
Introduction
to *Classical
Ballet*



CAROL LEE

Introduction To Classical Ballet

University of California, San Diego



Introduction To Classical Ballet:

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explains the underlying principles associated with correct ballet modern and ethnic dance movements to better understand the pathophysiology and mechanism of action for the injuries described It provides further insight by elucidating common errors and compensations dancers often make in an effort to achieve correct positioning and technique Describing different types of dance injuries according to body region each chapter is organized by case reports that depict a typical patient followed by the epidemiology and pathophysiology associated with the dancer s injury The history physical examination findings imaging and diagnostic evaluation for each condition are discussed Non operative and surgical treatment options are described according to chronicity and stage of severity of the injury To provide evidence behind the algorithms of treatment and to highlight applicable research relevant studies are cited as often as possible Classic texts are also referenced to provide more in depth information Certain to become a gold standard in the field Essential Dance Medicine is an important new text that provides medical professionals with the necessary tools to treat amateur and professional dancers and help them prolong their dance careers

Walford's Guide to Reference Material Albert John Walford,Anthony P. Harvey,Laurence John Taylor,H. Drubba,1980

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