

# MATCHA

## Matcha vs Brewed Green Tea

137x	<b>Antioxidants</b>	99x	<b>Carotene</b>
5x	<b>L-Theanine</b>	27x	<b>Vitamin-B2</b>
10x	<b>Vitamin-C</b>	96x	<b>Vitamin-B6</b>

**Normal Green Tea**

**35%**

ONLY 35% NUTRIENTS RELEASED IN NORMAL BREWED GREEN TEA.

**Matcha**

**100%**

100% NUTRIENTS RELEASED IN MATCHA

## TOP REASONS TO DRINK MATCHA

ENHANCE ENERGY



PREVENT CANCER



PREVENT HEART DISEASE

MATCHA



CONCENTRATION



ANTIOXIDANTS



WEIGHT LOSS

## OUR MATCHA



**MADE FROM SHADE-GROWN TENCHA**

**HIGH QUALITY FIRST FLUSH TEA LEAF**

**100% PURE MATCHA POWDER**



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# Best Way To Matcha Health Benefits Guide For Beginners 5873

**Albert A Gayle**



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