

## Anatomy and Physiology Chapter 7 Notes

### 7.1 - Introduction to the Skeletal System

- **Bones** of the skeleton are the primary organs of the skeletal system
  - Form the rigid framework of the body and perform other functions
- Contains 2 types of bone connective tissue: compact bone and spongy bone
  - **Compact bone** is relatively rigid connective bone tissue that appears white, smooth, and solid
  - **Spongy bone** is located internal to compact bone, appears porous, and makes up 20% of the total bone mass
- **Cartilage** is a semirigid connective tissue that is more flexible than bone
  - Mature cartilage is avascular
  - Two types of cartilage
- **Hyaline cartilage** attaches ribs to the sternum, covers the ends of some bones, and is the cartilage within growth plates
- **Fibrocartilage** is a weight-bearing cartilage that withstands compression
  - Forms the intervertebral discs, the pubic symphysis, and the cartilage pads of the knee joints
- Also contains ligaments and tendons

### 7.2 - Bone: The Major Organ of the Skeletal System

- live bones appear yellowish in color, not white like they do in the lab after they are bleached
- bones perform several basic functions: support and protection, levers for movement, hemopoiesis, and storage of mineral and energy reserves

#### Support and Protection

- bones provide structural support and serve as a framework for the entire body
- bones also protect many delicate tissues and organs from injury and trauma

#### Lever for Movement

- bones serve as attachment sites for skeletal muscles, other soft tissues, and some organs
- muscles attached to the bones of the skeleton contract and exert a pull on the skeleton, which then functions as a system of levers

#### Hemopoiesis

- **hemopoiesis** is the process of blood cell production
- occurs in red bone marrow connective tissue, which contains stem cells that form blood cells and platelets

#### Storage of Mineral and Energy Reserves

- most of the body's reserves of the minerals calcium and phosphate are stored within and then released from bone
- calcium functions in muscle contraction, blood clotting, and release of neurotransmitter from nerve cells
- phosphate is a structural component of ATP, other nucleotides, and phospholipids
- when phosphate and calcium are needed by the body, some bone connective tissue is broken down, and the minerals are released into the blood

# Chapter 7 Anatomy Test

**SA Adler**



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