

Chapter 6 Basic Motivation Concepts

MULTIPLE CHOICE

Defining Motivation

1. Jim is a student who cannot work at writing a paper for more than 30 minutes, yet he can spend many hours writing comments on blogs. What accounts for the change in motivation in this case?
- his ability
 - the situation
 - his personality
 - the congruence
 - the structure of the task

(b; Moderate; p. 186)

2. Motivation is best defined as a process that _____.
- results in a level of effort
 - intensifies an individual's efforts
 - accounts for an individual's efforts toward attaining a goal
 - meets an individual's needs
 - stabilizes over time

(c; Moderate; p. 186)

3. What are the three key elements of motivation?
- reactance, congruence and circumstance
 - interest, activity and reward
 - awareness, effort and outcome
 - stimulation, progress and achievement
 - intensity, direction and persistence

(e; Moderate; p. 186)

Early Theories of Motivation

4. In Maslow's hierarchy of needs, what is the term used for the drive to become what one is capable of becoming?
- perfection
 - self-actualization
 - hypo-glorification
 - self-esteem
 - attainment

(b; Easy; p. 187)

5. The most well-known theory of motivation is Abraham Maslow's _____.
- Theories X and Y
 - Hierarchy of Needs
 - Two-factor Theory
 - Motivator-Hygiene Theory
 - Cognitive Evaluation Theory

(b; Easy; p. 187)

6. Maslow's hierarchy has five levels of needs. Which of the following is not one of those levels?
- safety needs
 - social needs
 - animal needs

Chapter 6 Basic Motivation Concepts Multiple Choice

Velibor Bobo Kovac



Chapter 6 Basic Motivation Concepts Multiple Choice:

Psychology, Fourth Edition Peter O. Gray, 2002 The new edition of Gray's acclaimed text featuring dramatic new coverage of sensation and perception and new media tools that actively involve students in psychological research **Basic Motivation and Human Behaviour** Velibor Bobo Kovac, 2016-06-01 This book explores how and why humans are motivated to act in the ways that they do The chapters examine the origins of a given action rather than their superficial appearance which can often be misleading Kovac integrates the existing knowledge of the field of motivation into a greater theoretical framework by adopting both analytical and holistic perspectives This theoretical framework suggests that all human behaviour evolves from the three fundamental underlying tendencies connected to the concepts of control affiliation and self expression that are further modified by the mechanism of balanced dual tension These tendencies are conceptualised as systems of interrelated psychological needs that guide and govern a variety of human actions As such this book should be useful to upper level students and researchers of cognitive and social psychology and all scholars interested in human motivation Human Resource Management Trevor Amos, Adrian Ristow, Noel J Pearse, 2009-04 Indispensable for managers and management students this handbook illustrates how to effectively manage people and offers practical insight in human resource departments Discussions concerning South African labor legislation human resource planning motivating and retaining staff and managing labor relations in the workplace are included in this useful guide **Assessment-Driven Instruction in Physical Education** Jacalyn Lea Lund, Mary Lou Veal, 2013-04-10 For the savvy educator assessment can be a powerful tool for informing teaching decisions improving student learning and helping students achieve learning standards Learn how to make the most of assessment with Assessment Driven Instruction in Physical Education With this text and web resource you'll learn how to develop assessments and gather information that helps you monitor student progress structure effective lessons and make grading more accurate and systematic Assessment Driven Instruction in Physical Education A Standards Based Approach to Promoting and Documenting Learning shows you how to use standards based assessment to advance and support student learning in middle and high school physical education programs In this text authors Lund and Veal both experienced physical education teachers and teacher educators help readers not only understand assessment concepts and applications but also develop the skills to implement assessment Assessment Driven Instruction in Physical Education can be used in a methods class in an assessment class or for in service teacher education It contains numerous examples of assessments and unique practice tasks that help teachers develop assessment skills Current and future teachers can use these practice tasks to apply their knowledge to specific teaching situations and design their own assessments as they move through the text Readers will also gain knowledge and strategies for assessing the psychomotor cognitive and affective domains based on current assessment research aligned with National Association for Sport and Physical Education NASPE standards To help those new to the assessment process this text includes chapters on managing assessment using

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