

CASE STUDY ON GERIATRICS

CASE

MM, a 76-year-old white female, weight 50 kg, height 5'2." She has no known drug allergies.

Chief Complaint/History: MM was recently found to have Alzheimer disease. Before the diagnosis, her family noted that she was constantly misplacing familiar items, such as her keys and eyeglasses. She also seemed to be having difficulty remembering regular appointments and medications. She also often speaks of certain long-deceased relatives as being still alive and sometimes calls her son by her brother's name. Around the house, she often leaves the stove on after cooking. She regularly seems to get disoriented. She seems more irritable and anxious, even around familiar friends. Her family is concerned about her ability to remain living at home independently and recently started looking at group homes focusing on care of patients with early-stage Alzheimer disease. This has been difficult because MM gets angry during any conversations regarding leaving her home.

Medical History: Osteoarthritis, hypertension, history of iron-deficiency anemia, no longer treated, frequent urinary tract infections.

Laboratories at last medical appointment:

Sodium: 137 mEq/L

Potassium: 3.9 mEq/L

Chloride: 110 mEq/L

CO₂: 25 mEq/L

BUN: 22 mg/dL

Serum creatinine: 0.9 mg/dL

Glucose: 105 mg/dL

Cholesterol: normal

Liver function tests: within normal limits

CBC and differential: within normal limits

Urine: clear, no bacteria or protein

Social History:

Tobacco use: None

Alcohol use: None in recent years

Medications:

Lodine >L 400 mg PO once daily

Univasc 3.75 mg PO once daily

Hydrochlorothiazide 12.5 mg PO once daily

Her attending physician prescribed her Aricept®.

Case Geriatrics

Richard J. Ham, Philip D. Sloane



Case Geriatrics:

Case Files Geriatrics Eugene C. Toy, Andrew Dentino, Monique Williams, Lowell Johnson, 2014-01-10 Sharpen your critical thinking skills and IMPROVE PATIENT CARE Experience with clinical cases is key to mastering the art and science of medicine and ultimately to providing patients with competent clinical care Case Files Geriatrics provides 40 true to life cases that illustrate essential concepts in geriatric care Each case includes an easy to understand discussion correlated to key concepts definitions of key terms clinical pearls and board style review questions to reinforce your learning With Case Files you will learn instead of memorize Learn from 40 high yield cases each with board style questions Master key concepts with clinical pearls Polish your approach to clinical problem solving and to patient care Perfect for residents medical students PAs and NPs working with geriatric patients *Ham's Primary Care Geriatrics* Richard J. Ham, Philip D. Sloane, 2013-12-01 Employing a unique case based approach Ham's Primary Care Geriatrics continues to be your comprehensive source of clinical solutions for this challenging population This gerontology medical reference book features an interdisciplinary perspective that empowers you with team oriented knowledge on the best diagnosis treatment and management strategies available to address the complex needs of older adults Overall this is a useful well written practical elderly medicine book ideal for use in primary care It is reasonable priced and an excellent addition to the bookshelf virtual or real Reviewed by Dr Harry Brown July 2014 Effectively treat your geriatric patients and provide helpful guidance to their families through engaging geriatric case studies that illustrate the principles and key clinical information you need Form a definitive diagnosis and create the best treatment plans possible using the evidence based medicine guidelines throughout Find the information you need quickly and efficiently with a 2 color layout and consistent format and test your knowledge with USMLE style questions in every chapter Offer your geriatric patients the most up to date treatment options available with six new chapters addressing Principles of Primary Care of Older Adults Interprofessional Team Care Billing and Coding Frailty Pressure Ulcers and Anemia Access the complete geriatric text online anytime anywhere at Expert Consult along with an online Cognitive Status Assessment with four tests and patient teaching guides a dermatology quiz and informative videos on Gait and Balance and Dizziness *Case Studies in Geriatrics* Judith C. Ahronheim, 2005 This case based approach to geriatric medicine is suitable for all health professionals and trainees who provide care for the elderly Examples range from the healthy elderly to those with advanced cognitive or physical impairments *Gerontology Nursing Case Studies* Donna J. Bowles, 2011-02-24 Designated a Doody's Core Title This is an excellent teaching guide and resource manual for instructors gerontological nursing students and practicing nurses and social workers who wish to learn more about geriatric concerns and care It will be kept by nursing students long after they graduate as a guide to resources that will be valuable throughout their nursing careers As a home care nurse working mainly with the geriatric community I found the resources helpful in my practice As an instructor I found the book to be a very useful guide for teaching geriatrics Score 90 4 Stars Doody's Medical

Reviews Donna Bowles's Gerontology Nursing Case Studies is a unique volume that effectively addresses the lack of gerontology case studies for use with undergraduate nursing students. Case studies are a pedagogically powerful approach to active learning that offer opportunities to apply content to clinical practice. The Gerontologist: The case narrative approach of this book promotes active learning that is more meaningful to students and practicing nurses and more likely to increase the transfer of evidence into practice. An excellent resource for faculty staff educators to facilitate critical learning skills. Liz Capezuti PhD RN FAAN, Dr John W Rowe Professor in Successful Aging Co Director Hartford Institute for Geriatric Nursing New York University College of Nursing. This is a terrific text that provides nurses and other health care providers with good basic information about clinical problems and challenges we face in providing care to older adults. It should be considered required reading in all undergraduate programs. From the foreword by Barbara Resnick PhD CRNP FAAN FAANP Professor University of Maryland School of Nursing. Sonya Ziporkin Gershowitz Chair in Gerontology. At the heart of this unique volume are 100 case studies of older adults that address nearly every issue: physical, mental, and psychosocial that may confront health care providers who work with the aging population. These case studies, culled from contributors with several centuries worth of combined nursing expertise, are designed to guide nursing students in the development of interventions that encompass both complementary and alternative health strategies. Exercises interspersed throughout each case study are designed to foster critical thinking and decision-making skills. These case narratives provide a holistic approach to problem-solving in regard to political, ethical, and legal issues; loss and end-of-life issues; elder abuse; depression; addiction; and suicide; self-esteem; and family relationships; sexuality; age-related health issues; cognitive impairment; cultural diversity as it relates to aging; pain management; and sleep disturbances. The volume also addresses such contemporary psychosocial issues as gambling, addiction, hoarding behavior, emergency preparedness, the aging driver, and long-distance caregiving. Key Features: Provides 100 evidence-based case studies; Cultivates development of critical thinking and decision-making skills; Features realistic contemporary scenarios; Designed for use across the gerontology nursing curriculum; Geared for AACN and NLN Accreditation; Organized according to the needs of actual clinical settings. Case-based Geriatrics: A Global Approach Victor A. Hirth, Darryl Wieland, Maureen Dever-Bumba, 2010-12-07. A full-color case-based guide to the principles and clinical aspects of geriatric care. 4 STAR DOODY'S REVIEW. It is intended as a case-based textbook of geriatrics that also integrates the complexities of geriatric medicine into a meaningful whole. These are excellent objectives, all met in a wonderful way. This book stands out from other textbooks of geriatric medicine. This is a brilliant addition to the literature of geriatric medicine. Some topics are covered in different ways, but this is never repetitious; rather, more like looking at a gem from different angles. The evidence-based case-based pre-test/post-test format makes this an ideal book from which to learn. The breadth and depth are stunning. The editing and format would be enough to highly recommend this book, but the beautiful use of color on every page, permitting lavish illustrations, tables, figures, and examples of tests, makes this at the same time a brilliant

exposition of the true nature of geriatric medicine and a work of art as well Run do not walk to see it Doody s Review Service Case Based Geriatrics utilizes a case and evidence based approach to help you understand the key principles and clinical points of geriatric medicine and healthcare Written to reflect the field s growing trend toward interdisciplinary collaboration the book is of value not only to physicians but to the entire health team involved in the care of the elderly This unique text is constructed around case presentations which are used as the primary teaching tool These cases reflect issues and principles of geriatrics that are encountered and practiced worldwide You will learn how cultural characteristics of both patients and providers have added new layers of complications to this already challenging field and how they can be recognized and overcome Each case is directly linked to the learning objectives found in each chapter Review questions appear at the beginning and end of each chapter to test your understanding Case Based Geriatrics is divided into three sections Issues in Aging features foundational chapters covering essential topics such as biology of aging worldwide demographics the geriatric physical exam sensory changes in aging and approaches to laboratory testing and imaging in aging Inter professional Geriatrics provides an overview of multi professional team care and covers important topics such as pre and post operative care discharge planning and transitional care end of life care home care and long term care Geriatric Syndromes and Important Issues covers common disorders such as delirium dementia depression stroke hypertension osteoporosis and more

Primary Care Geriatrics Richard J. Ham, Philip D. Sloane, 2002 Geriatrics continues to become a more central and vital component of primary care medicine making it more important than ever that all providers of geriatric medical care maintain continuous awareness of the principles of geriatrics PRIMARY CARE GERIATRICS A CASE BASED APPROACH provides the principles and key clinical information necessary to ensure the optimal management of elderly patients Case studies are integrated throughout the text to provide illustrative patient scenarios The book is divided into three parts the first outlines the principles of geriatric primary care and the characteristics of older persons from which these principles arise the second provides detailed case based approaches to major geriatric syndromes and the third section is a presentation of common conditions and situations Long acknowledged as one of the most practical user friendly texts available this new edition features revised content reflecting the latest advances in the field Problem oriented approach providing case studies along with case discussions for an increased clinical focus Chapter Objectives before each chapter provide an outline of what you can expect to learn Useful boxes highlight key guidelines and tips Clinical pearls are integrated into the text emphasizing crucial clinical considerations Pre tests and post tests included in each chapter enable you to gauge what you ve learned Brings you the latest developments in assisted living environments and hospice recommendations Offers essential information on new medications for the treatment of Alzheimer s disease depression dysmobility arthritis and incontinence New chapters added on vital topics such as Pain Management and Arthritis Management Includes expanded information on health promotion *Primary Care Geriatrics* Richard J. Ham, 2007-01-01 Accompanying CD ROM contains video learning

modules on gait and balance and dizziness a dermatology quiz and downloadable cognitive assessment tools to hone clinical skills File formats include QuickTime movies PDFs and HTML documents

Primary Care Geriatrics Richard J. Ham, Philip D. Sloane, 1992 Geriatrics continues to become a more central and vital component of primary care medicine making it more important than ever that all providers of geriatric medical care maintain continuous awareness of the principles of geriatrics PRIMARY CARE GERIATRICS A CASE BASED APPROACH provides the principles and key clinical information necessary to ensure the optimal management of elderly patients Case studies are integrated throughout the text to provide illustrative patient scenarios The book is divided into three parts the first outlines the principles of geriatric primary care and the characteristics of older persons from which these principles arise the second provides detailed case based approaches to major geriatric syndromes and the third section is a presentation of common conditions and situations Long acknowledged as one of the most practical user friendly texts available this new edition features revised content reflecting the latest advances in the field

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Primary Care Geriatrics Richard J. Ham, 1983

Handbook of Geriatric Care Management Cathy Cress, 2007 This book is a reference which addresses the many settings that geriatric care managers find themselves in such as hospitals long term care facilities and assisted living and rehabilitation facilities It also includes case studies and sample forms

Geriatric Emergencies Lee A. Lindquist, Scott M. Dresden, 2019-05-15 Care for older adults in Emergency Departments EDs has historically been focused on acute medical conditions with little emphasis on geriatric specific issues In 2010 emergency departments EDs throughout the nation saw almost 130 million patients 15% of whom were 65 or older The number of older adults who visit an ED has doubled in the last decade and continues to grow rapidly Older adults receiving care in an ED are highly likely to be admitted to the hospital much more so than their younger counterparts Preventing a hospital admission saves older adults from frequently encountered adverse events including hospital acquired delirium functional status impairment cognitive loss and nursing home admission It is unknown how many older adults are hospitalized for reasons other than acute medical illness such as functional decline polypharmacy progressive dementia caregiver stress or unstable

living situation These non emergent conditions are rarely addressed during a typical ED visit due to lack of resources significant patient volumes and the need for rapid turnover of care spaces The predominant management strategy of emergency physicians to handle these important but not imminently life threatening geriatric issues is to recommend hospital admission Northwestern has pioneered the Geriatric Emergency Department through the creation of the Geriatric Emergency Department Innovation model GEDI with goals to prevent admissions for older adults by assessing and meeting their geriatric specific non acute care needs in the ED The GEDI model at Northwestern centers on a multi disciplinary curriculum composed of clinical didactic and practical arms developed by emergency medicine and geriatrics educational experts In this title we will present case studies of older adults seen in the Emergency Department through the GEDI model and discuss means of identifying screening for diagnosing and treating geriatric syndromes seen in the emergent care of the older adult patient In addition there will be a set of concise take home points for each case study that will be easy to commit to memory and implement in clinical care of older adults As the number of seniors seeking emergent care will continue to increase the ED setting must become responsive to geriatric specific needs This book will provide a variety of models detailing how to offer comprehensive state of the art optimal care for managing the full range of geriatric syndromes that regularly present in the emergent care setting *Oxford Case Histories in Geriatric Medicine* Sanja Thompson,Nicola Lovett,John Grimley Evans,Sarah Pendlebury,2015-12-17 Based around the core curriculum for specialist trainees and consultants *Oxford Case Histories in Geriatric Medicine* is a valuable reference and teaching tool which provides an opportunity for case based learning across a rapidly growing field This book uses well structured and concise cases from the Oxford hospitals Each case has associated questions on the differential diagnosis and aspects of management providing interactive learning material Cases were chosen to illustrate specific issues of particular relevance to geratology emphasizing the unusual or occult presentation of disease the presence of multiple interacting pathologies possibility for rapid deterioration high incidence of complications of treatment including adverse drug reactions and a need at times for difficult clinical decisions Part of the *Oxford Case Histories* series this book will be valuable reading for postgraduate trainees and consultants and will be an essential resource for those preparing for exit examinations and revalidation It is also the ideal tool for those who wish to improve their skills in diagnosis and management of a broad range of geriatric disorders

Ham's Primary Care Geriatrics: A Case-Based Approach - Ebook Jane F. Potter, Ellen Flaherty, Matthew K. McNabney, Mitchell T. Heflin, Mallory McClester Brown, 2026-06-01 *Ham's Primary Care Geriatrics A Case Based Approach* is a comprehensive resource designed for primary care physicians who are actively treating older adults As the population of older adults in the country continues to grow rapidly primary care physicians need resources designed specifically to address the unique needs of this patient population *Ham's* is a comprehensive easy to read resource prepared by leading experts in the field of Geriatric Medicine The unique case based approach in this text sets it apart from the competition by providing

real world clinically significant examples of patient scenarios a provider might encounter The text is thoroughly updated with the latest references and clinical guidelines surrounding the treatment and management of the wide range of conditions affecting older adults The authors take into consideration and cover not only the management of acute chronic illnesses but provide coverage of topics that affect older adults socially economically and culturally as well Comprehensive approach to the diagnosis treatment and management of the health of older adults with the most current data available on the conditions and needs of this unique patient population Utilizes a highly templated case study format which allows readers to interpret learnings through application to real patient scenarios Interdisciplinary cross field expert perspectives from senior team of world class leading experts in the field of geriatric medicine Clinical photos illustrations tables and boxes throughout the text support key concepts for readers Online extras include dizziness gait and balance video resources a dermatology quiz and a Cognitive Status Assessment with tests and patient teaching guides Enhanced eBook version automatically included with print purchase New chapters or sections covering the following content population health from a pandemic perspective disaster medicine as it applies to older adults healthcare equity and social determinants of healthcare in geriatric medicine gun violence skin ulcers anxiety kidney disease revised guidance on drug use in older adults and more New Senior editor and editorial board members as well as a new pool of expert contributors for up to date varied perspectives Restructuring of the TOC to make for a more seamless reader experience New figures tables and boxes throughout the book to support key concepts within the chapters New cases through the text highlighting core conditions seen in the practice of geriatric medicine

Ham's Primary Care Geriatrics: A Case-Based Approach Jane F. Potter, Ellen Flaherty, Matthew K. McNabney, Mitchell T. Heflin, Mallory McClester Brown, 2026-06 Using a unique case based approach Ham's Primary Care Geriatrics 8th Edition is the 1 resource of choice for busy primary care providers who need a comprehensive easy to read source of practical clinical guidance to care for the growing population of older adults You'll find key clinical information expert advice and evidence based medical guidelines that cover the patient presentations you're most likely to encounter in everyday practice The consistent streamlined content and enjoyable writing style keep you informed and engaged while using the up to date case study format that is ideal for learning retention and rapid recall Takes an interprofessional holistic approach to patient care covering not only clinical conditions diagnosis treatment and management but also social emotional cultural and economic considerations Uses a highly templated case study format highlighted by clinical photos illustrations tables and boxes throughout with many cases and visuals new to this edition Contains new chapters or sections on population health from a pandemic perspective disaster medicine as it applies to older adults diversity healthcare equity inclusion and social determinants of healthcare in geriatric medicine gun violence skin ulcers anxiety anticoagulation kidney disease revised guidance on drug use in older adults and more Covers key topics such as dementia and Alzheimer's disease management frailty polypharmacy and medication management fall prevention and balance disorders delirium prevention

and management chronic disease management nutrition and malnutrition depression and anxiety bone health and much more Reflects the most current data available on the unique conditions and needs of older adults Includes key learning objectives and USMLE style questions in every chapter Shares expert guidance from a new editorial team of world class authorities in the field of geriatric medicine as well as new contributing authors who offer up to date varied perspectives Online extras include billing and coding tips dizziness gait and balance video resources a dermatology quiz and a Cognitive Status Assessment with tests and patient teaching guides An eBook version is included with purchase The eBook allows you to access all of the text figures and references with the ability to search make notes and highlights and have content read aloud Additional digital ancillary content may publish up to 6 weeks following the publication date *Case Studies in Geriatrics for the House Officer* Judith C. Ahronheim, 1990

Case Studies in Geriatric Primary Care and Multimorbidity Management Karen Dick, Terry Mahan Buttaro, 2019-02-27 Awarded first place in the 2019 AJN Book of the Year Awards in the Gerontologic Nursing category second place in the Advanced Practice Nursing category Gain expert primary care of older adults with a case based approach to geriatric primary care and multimorbidity management Written by two leading academic and clinical experts in geriatric primary care *Case Studies in Geriatric Primary Care and Multimorbidity Management* 1st Edition uses detailed Exemplar Case Studies and Practice case studies to teach you how to think like an expert geriatric clinician Because most older adults have more than one condition when seeking care both Exemplar and Practice Case Studies place a strong emphasis on multimorbidity management the management of patients with a host of complex interacting conditions To provide extensive practice in learning how to think like an expert case studies reflect the reality that care does not necessarily begin or end in the primary care setting cases move fluidly from primary care to acute care to inpatient rehabilitation to assisted living to long term care Building on foundational introductory chapters cases also call on you to develop interprofessional collaboration skills and reflect the diversity of today s older adults in terms of age young old to old old gender culture ethnicity sexuality socioeconomic status and more As you work through both basic level and advanced Practice Case Studies you can make extensive notes in the printed book and then go online to submit answers for grading and receive expert feedback for self reflection NEW Introductory unit on the core principles of caring for older adults gives you a strong foundation in the principles of geriatric primary care and multimorbidity management NEW and UNIQUE Exceptionally detailed unfolding Exemplar Case Studies demonstrate how an expert advanced practitioner thinks clinically to provide care to older adults with multiple conditions NEW and UNIQUE Exceptionally detailed unfolding Practice Case Studies emphasize patient diversity and multimorbidity management across healthcare settings to help you develop advanced clinical reasoning skills for geriatric primary care NEW and UNIQUE Strong emphasis on multimorbidity management focuses on caring for older adults with multiple chronic conditions NEW Emphasis on the continuum of care across settings reflects the reality that care does not necessarily begin or end in the primary care setting but can move from

primary care to acute care to inpatient rehabilitation to assisted living to long term care and so forth NEW Online answer submission for grading and expert feedback for self reflection NEW Emphasis on patient diversity reflects the makeup of today s older adult population in terms of age young old to old old gender culture ethnicity sexuality socioeconomic status and more NEW Emphasis on interprofessional collaboration use Exemplar Case Studies and Practice Case Studies to allow you to demonstrate your interprofessional collaboration skills Fifty-Five Case Histories in Acute Geriatric Care Bedside Skills and Beyond Yitshal N. Berner,2013 Fifty five case histories in this book provide an insight into acute geriatric care the patients the problems and the physicians skills concerned Ham's Primary Care Geriatrics E-Book Gregg A. Warshaw, Jane F. Potter, Ellen Flaherty, Matthew K. McNabney, Mitchell T. Heflin, Richard J. Ham, 2021-01-05 Selected for Doody s Core Titles 2024 in Geriatrics Written with first line primary care providers in mind Ham s Primary Care Geriatrics A Case Based Approach 7th Edition is a comprehensive easy to read source of practical clinical guidance for this rapidly growing population Using a unique case based approach it covers the patient presentations you re most likely to encounter offering key clinical information expert advice and evidence based medical guidelines throughout This highly regarded text uses a consistent format and an enjoyable writing style to keep you informed engaged and up to date in this increasingly important field Uses a case study format that is ideal for learning retention and rapid recall All case studies are thoroughly up to date with current references Features an interdisciplinary perspective to provide team oriented knowledge on the best diagnosis treatment and management strategies available to address the complex needs of older adults Contains a new chapter on Lesbian Gay Bisexual Transgender LGBT Medicine in Older Adults as well as completely revised or rewritten chapters on rehabilitation infectious disease and urinary incontinence Provides up to date information on key topics such as opioid management and polypharmacy the geriatric emergency room cultural humility in the care of older adults and the five signs of problematic substance abuse Includes key learning objectives and USMLE style questions in every chapter Online extras include dizziness gait and balance video resources a dermatology quiz and a Cognitive Status Assessment with tests and patient teaching guides Enhanced eBook version included with purchase Your enhanced eBook allows you to access all of the text figures and references from the book on a variety of devices **Primary Care Geriatrics** Richard J. Ham, 2007 Designed for anyone involved in treating geriatric patients this New Edition continues to be the best comprehensive source for clinical solutions for the challenging geriatric population Inside you ll find a wealth of information on the principles of geriatric primary care detailed case based approaches to major geriatric syndromes and presentations of common conditions and situations What s more the 5th Edition now includes evidence based medicine that helps you form a definitive diagnosis and create the best treatment plans possible and a BONUS CD ROM containing supplemental materials Incorporates engaging case studies throughout to illustrate all of the principles and key clinical information you need to treat your geriatric patients as well as their families Features a two color layout that highlights the most important information

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Case Geriatrics Introduction

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