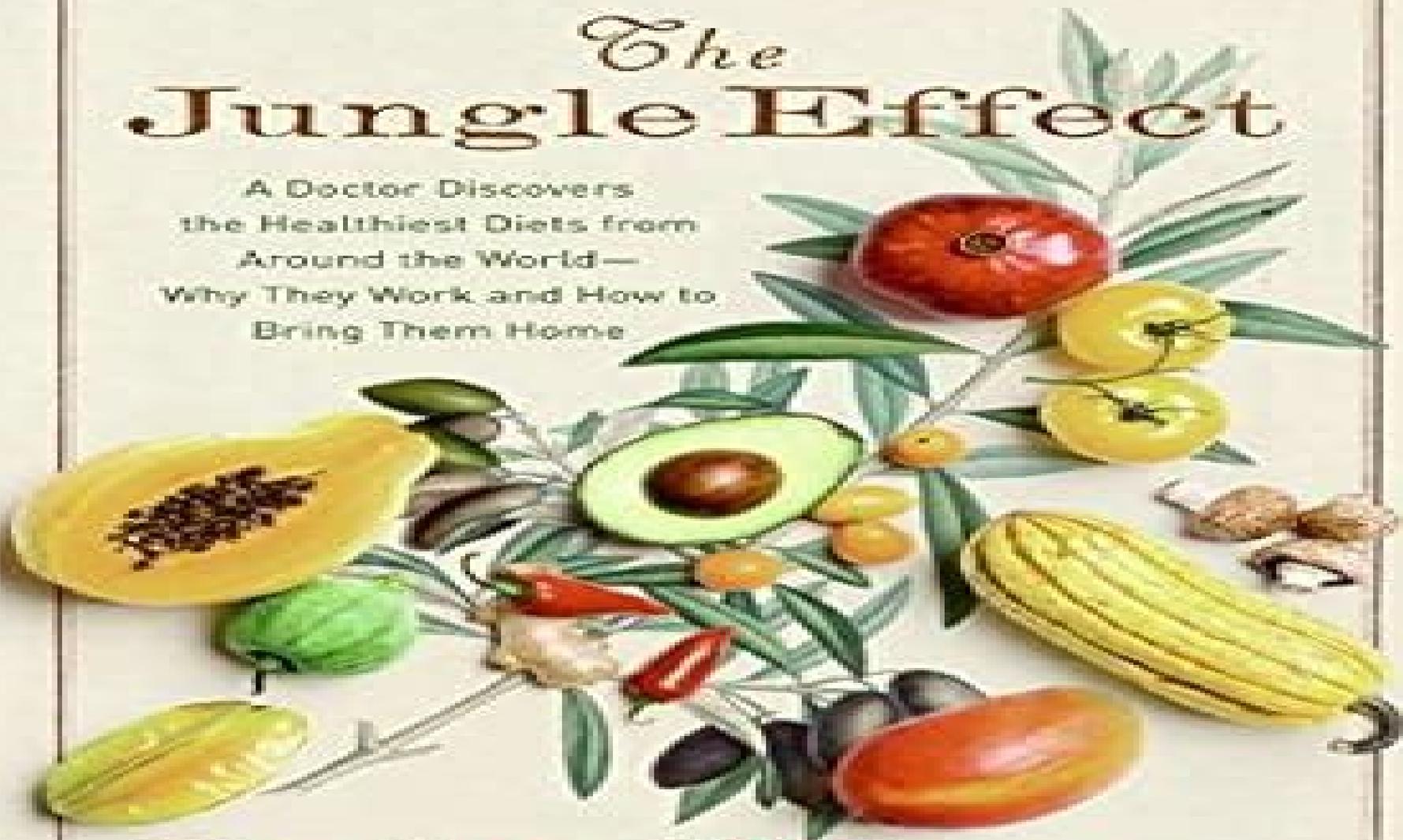


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The Jungle Effect

A Doctor Discovers
the Healthiest Diets from
Around the World—
Why They Work and How to
Bring Them Home



Daphne Miller, M.D.

FOREWORD BY ANDREW WEIL, M.D.

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From Around World Why They Work And How To Bring
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