

# Basic Life Support (BLS) CPR Algorithm



Keep the victim's face up on a flat, hard surface.



Kneel at the victim's side.



Position the heels of your hands one on top of the other on the lower half of the breastbone.



With your arms straight, push hard and fast.



Do not interrupt compressions until the AED is placed on the victim.

BLS compression rate for adults is between 100 and 120 per minute. Depth of chest compressions in ACLS between 2 and 2.4 inches (5-6 cm).



Allow the chest to recoil

# Basic Life Support Acls Bls Cpr

**Lingjun Ying**



**Basic Life Support Acls Bls Cpr:**

## Decoding **Basic Life Support AcIs Bls Cpr**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its capability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Basic Life Support AcIs Bls Cpr**," a mesmerizing literary creation penned by a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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