

NO.1 NEW YORK TIMES BESTSELLER



PHIL JACKSON

and HUGH DELEHANTY



ELEVEN RINGS

The legendary NBA coach shares the secrets behind his leadership and success



Eleven Rings

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Eleven Rings:

Eleven Rings Phil Jackson, Hugh Delehanty, 2013 Looks at the life and career of basketball coach of the Chicago Bulls and Los Angeles Lakers Phil Jackson Eleven Rings Phil Jackson, Hugh Delehanty, 2014-04-29 Through candor and comprehensiveness Jackson writes a convincing revisionist take in which he emerges as an excellent coach highly readable reflects Jackson's polymathy The New York Times Book Review Part sports memoir part New Age spirit quest part pseudo management tract But the primary thing with Jackson as with all the old bards who were also known for repeating themselves is the voice Sam Anderson The New York Times Magazine A New York Times Bestseller The inside story of one of basketball's most legendary and game-changing figures During his storied career as head coach of the Chicago Bulls and Los Angeles Lakers Phil Jackson won more championships than any coach in the history of professional sports Even more important he succeeded in never wavering from coaching his way from a place of deep values Jackson was tagged as the Zen master half in jest by sportswriters but the nickname speaks to an important truth this is a coach who inspired not goaded who led by awakening and challenging the better angels of his players nature not their egos fear or greed This is the story of a preacher's kid from North Dakota who grew up to be one of the most innovative leaders of our time In his quest to reinvent himself Jackson explored everything from humanistic psychology and Native American philosophy to Zen meditation In the process he developed a new approach to leadership based on freedom authenticity and selfless teamwork that turned the hypercompetitive world of professional sports on its head In Eleven Rings Jackson candidly describes how he Learned the secrets of mindfulness and team chemistry while playing for the champion New York Knicks in the 1970s Managed Michael Jordan the greatest player in the world and got him to embrace selflessness even if it meant losing a scoring title Forged successful teams out of players of varying abilities by getting them to trust one another and perform in sync Inspired Dennis Rodman and other uncoachable personalities to devote themselves to something larger than themselves Transformed Kobe Bryant from a rebellious teenager into a mature leader of a championship team Eleven times Jackson led his teams to the ultimate goal the NBA championship six times with the Chicago Bulls and five times with the Los Angeles Lakers We all know the legendary stars on those teams or think we do What Eleven Rings shows us however is that when it comes to the most important lessons we don't know very much at all This book is full of revelations about fascinating personalities and their drive to win about the wellsprings of motivation and competition at the highest levels and about what it takes to bring out the best in ourselves and others

The Metamerism of the Hirudinea William Ernest Castle, 1900 Number of somites in the body of the leech has been determined correctly by Whitman 92 for the Rhynchobdellidae by Bristol 99 for the Gnathobdellidae In both cases the number is thirty four 2 The limits of the leech somite have been placed incorrectly by all students of leech metamerism with the possible exception of Vaillant 70 in the case of a single genus Pontobdella from the time of Gratiolet 62 to the present 3 The natural and true limits of the somite coincide with the limits of the neuromeres that

is a somite includes those annuli which typically are innervated from the same nerve ganglion 4 The foregoing statement is confirmed by an examination of metamericly repeated structures other than ganglia namely septa testes and crop diverticula 5 Neuromeric groups of rings that is somites as defined under 3 behave as structural units a in somite abbreviation reduction in the number of rings in a somite b in somite elongation increase in the number of rings in a somite 6 Both reduction and increase in the number of rings take place chiefly at the ends of the somite The sensory ring occupies the middle of the somite and is often and least extensively affected in the two processes just named It represents the stable component of the somite 7 The five ringed type of somite found in the Rhynchobdellidae as suggested by Whitman and demonstrated by Bristol This has been brought about by division of the non sensory ring at the either end of the somite 8 The wide prevalence of ring multiplication among the Hirudinea suggests the derivation of the three ringed type of somite from a still simpler type consisting as in Chaetopoda of a single ring 9 A phylogenetically intermediate stage between the one ringed and three ringed types of somite is probably represented in a typical body somite of Branchibdella The same type of somite structure appears also in the abbreviated somites of Glossiphonia as a stage intermediate between the three ringed and one ringed conditions of the somite 10 The phenomenon of ring multiplication in the Hirudinea is correlated with the restricted number of somites found in the body Increase in the number of somites does not take place in the body of the adult leech Without this elongation of the body is possible only through lengthening of individual somites Lengthening of the individual somite has probably been the cause phylogenetically of increase in the number of rings in a somite

Publications Ayrshire and Galloway Archaeological Association, 1878 *The Journal of the College of Science, Imperial University of Tokyo, Japan*
Tōkyō Teikoku Daigaku. Rigakubu, 1895 *Archæological and Historical Collections Relating to the Counties of Ayr and Wigton*, 1878 *Journal of the College of Science, Imperial University of Tokyo* Tōkyō Daigaku. Rigakubu, 1895 *Journal of the College of Science* Tōkyō Daigaku. Rigakubu, 1895 **The Journal of the College of Science, Imperial University, Japan**, 1894 *Archæological and Historical Collections Relating to Ayrshire & Galloway Ayrshire and Galloway Archaeological Association, 1878* *The Southern Lumberman*, 1928 **Intelligence**, 1899 **American Machinist**, 1924 *American Machinist & Automated Manufacturing*, 1924 *A Manual of Palæontology ... With a General Introduction on the Principles of Palæontology* Henry Alleyne Nicholson, 1872 *A Manual of Palaeontology for the Use of Students, with a General Introduction on the Principles of Paleontology* Henry Alleyne Nicholson, 1872 **A Manual of Palaeontology for the Use of Students** Henry Alleyne Nicholson, 1872 **Zoologica**, 1927 **Bulletin of the Essex Institute** Essex Institute, 1888 Vol 30 includes The first half century of the Essex Institute and List of present members
Engineering Failures and Their Lessons Edward Godfrey, 1924

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