

ATI Mental Health Final Quiz (Questions and Answers with explanations)

1. A nurse is planning care for a client who has borderline personality disorder who self-mutilates. Which of the following test approaches should the nurse plan to take?

a. Restrict participation in group therapy sessions.

The nurse should encourage the client who has borderline personality disorder to participate in group therapy sessions to encourage appropriate interaction with other clients.

b. Establish consequences for self-mutilation.

The nurse should respond to self-mutilation with a neutral affect and encourage the client to write down feelings that occurred leading up to the incident.

c. Maintain close observation of the client.

Clients who have borderline personality disorder are at risk for self-harm during times of increased anxiety. Maintaining close observation reduces the client's risk of injury.

← CORRECT

d. Provide an unstructured environment.

Providing an unstructured environment for a client who has borderline personality disorder is not an effective treatment approach because it does not provide a safe environment to protect the client from impulsive and self-injurious behavior.

2. A nurse is assessing a client who has Stage 4 Alzheimer's disease. Which of the following findings should the nurse expect?

a. The client requires assistance with eating.

The nurse should expect the client who has Stage 4 Alzheimer's disease to still have the ability to eat without assistance. Clients who have Alzheimer's disease maintain this ability until Stage 7.

b. The client independently manages personal finances.

The nurse should expect the client who has Stage 4 Alzheimer's disease to have difficulty performing complex tasks, such as managing personal finances.

c. The client has bladder incontinence.

The nurse should expect the client who has Stage 4 Alzheimer's disease to be able to use the toilet independently. Clients who have Alzheimer's disease maintain continence until Stage 6.

d. The client is able to identify the names of family members.

The nurse should expect the client who has Stage 4 Alzheimer's disease to recognize and identify family members. Clients who have Alzheimer's disease maintain this ability until Stage 6

← CORRECT

3. A nurse is caring for a client who reports that the television set in the room is really a two-way radio and states, "voices are coming from the TV and everything we say in the room is being recorded." Which of the following responses should the nurse make?

a. "What we say is not being recorded."

The nurse should avoid negating the client's beliefs about the delusion. This response can promote a defensive client response and interfere with the development of trust in the nurse-client relationship.

b. "Let's ignore the voices and talk about something else."

The nurse should ask the client directly about what the voices are saying to determine if there is a safety risk. The nurse should also avoid validating that the voices are real, which promotes the client's beliefs about the delusion.

c. "That must be very frightening."

The nurse should respond to the client's delusion in a calm and empathetic manner. By acknowledging to the client that the delusion must be frightening, the nurse promotes the nurse-client relationship.

← CORRECT

d. "Why do you think the TV is a two-way radio?"

Ati Mental Health Final Answers

Kathleen Armour



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Table of Contents Ati Mental Health Final Answers

1. Understanding the eBook Ati Mental Health Final Answers
 - The Rise of Digital Reading Ati Mental Health Final Answers
 - Advantages of eBooks Over Traditional Books
2. Identifying Ati Mental Health Final Answers
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Ati Mental Health Final Answers
 - User-Friendly Interface
4. Exploring eBook Recommendations from Ati Mental Health Final Answers
 - Personalized Recommendations
 - Ati Mental Health Final Answers User Reviews and Ratings
 - Ati Mental Health Final Answers and Bestseller Lists
5. Accessing Ati Mental Health Final Answers Free and Paid eBooks
 - Ati Mental Health Final Answers Public Domain eBooks
 - Ati Mental Health Final Answers eBook Subscription Services

- Ati Mental Health Final Answers Budget-Friendly Options
- 6. Navigating Ati Mental Health Final Answers eBook Formats
 - ePub, PDF, MOBI, and More
 - Ati Mental Health Final Answers Compatibility with Devices
 - Ati Mental Health Final Answers Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Ati Mental Health Final Answers
 - Highlighting and Note-Taking Ati Mental Health Final Answers
 - Interactive Elements Ati Mental Health Final Answers
- 8. Staying Engaged with Ati Mental Health Final Answers
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Ati Mental Health Final Answers
- 9. Balancing eBooks and Physical Books Ati Mental Health Final Answers
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Ati Mental Health Final Answers
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Ati Mental Health Final Answers
 - Setting Reading Goals Ati Mental Health Final Answers
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Ati Mental Health Final Answers
 - Fact-Checking eBook Content of Ati Mental Health Final Answers
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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