

12+ Main Phobia Causes



Phobia

IM Harris



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underlie phobias Resources for additional help In addition Dr Gardner provides an Anxiety Toolkit that can be used to combat and conquer phobias offering new techniques and new hope for people who experience these debilitating fears that can not only affect physical health but also interfere with full and joyful participation in life

What Are Phobias? Therese M. Shea, 2020-07-15 Phobia is a word that is thrown around a lot in everyday conversation but it is often used incorrectly A phobia is a strong irrational fear of an object or a situation one that often causes great anxiety This sensitive and informative volume is a useful guide for readers who may be grappling with a phobia or who know someone who is In the carefully researched explanations readers will learn what may cause phobias and how they are diagnosed and treated They will learn about the many professionals who can offer help and hope to those afflicted with phobias

Phobias Irena Milosevic Ph.D., Randi E. McCabe Ph.D., 2015-03-03 Combining popular appeal with accessibly written entries suitable for research projects this fascinating encyclopedia provides a thorough introduction to the psychological and scientific aspects of phobias Many people have irrational fears Phobias affect about 19 million Americans each year So is fear normal At what point do fears become clinical phobias Phobias The Psychology of Irrational Fear is the definitive volume on a broad range of topics related to fears and phobias After an introduction to the subject of fear and phobias the encyclopedia presents approximately 200 A-Z cross-referenced entries that address phobias from a variety of angles types of fears root causes physiological and psychological effects classification and treatments The work presents accurate authoritative and up to date information based on scientific evidence The majority of the numerous contributors are anxiety disorder researchers and clinicians who possess cutting edge knowledge of their areas of expertise Ideal for both high school students and general audiences readers will be engaged by high interest content that not only details and explains various phobias but enables them to trace the history theories and practices associated with the study and treatment of phobias

The Medical Basis of Psychiatry S. Hossein Fatemi, Paula J. Clayton, 2008-05-15 Psychiatry has emerged as a burgeoning scientific field with major advances in etiology and treatment of several disorders Just as there was excitement in the anatomic advances that took place a hundred years ago when Emil Kraepelin and his collaborators took on the enormous task of classification of psychiatric disorders based on rational scientific thinking new advances in genetics biochemistry neuroanatomy and pharmacotherapy of mental disorders have brought us even closer to a better understanding of complex disorders like schizophrenia bipolar disorder depression and even autism The major goal of the previous edition of this classic book was to update the busy clinician psychiatric resident and medical student with the most up to date information on etiology diagnosis and treatment of psychiatric disorders This goal remains the focus of the third edition of this book In this updated and expanded edition the reader is provided with the most contemporary information and literature supported by a close survey of the field Several new chapters dealing with new concepts in biology and treatment of mental disorders have been added This new edition of this classic title with its focus on biologic and medical aspects of psychiatry will continue to be of significant help to all interested in the scientific practice of

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diverse but they actually have the power to teach us about who we are and where we came from Sara Latta blends biology psychology history and pop culture to provide a comprehensive account of fifty fears from arachnophobia to zoophobia

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