

Relationship between gratitude and psychological well-being around Lapindo Mudflow resident

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Abstract. The Lapindo Mud is a natural disaster occurred 13 years ago and still erupts today. Of course this disaster affects the people who live around it. The people who are the victims of the mud disaster is still survive. Therefore, it is important to understand how this people could survive in this disaster situation. Thus, the purpose of this quantitative, correlational study is to investigate the relationship between gratitude and psychological well-being for the resident around Lapindo mudflow. This research used quantitative method with survey. The scale used was The Gratitude Questionnaire-Six Item Form (GQ-6) developed by McCullough to measure the level of gratitude and Javanese Psychological Well-being Scale developed by Palupi to measure psychological well-being. The result showed that there is relationship between gratitude and psychological well-being in the population/resident around Lapindo mudflow.

1 Introduction

May 29, 2006, was a historical moment for Sidoarjo, East Java. On that day, blazing hot 100°C of gas and mud erupted from the ground. That phenomenon, or rather, natural disaster, later known as “Lumpur Lapindo” or Lapindo mudflow. Lapindo mudflow flooded some nearby villages in three different districts of Sidoarjo [1-4]. The villages which were flooded are located in three different districts named, Tanggulangin, Porong, and Jabon. The villages that got flooded were Renokenongo Siring (east side), Jatirejo (east side), Glagaharum (west side), Kedungbendo Ketapang (east side), and Besuki (west side) [4]. The area growth of those three districts categorized as very dynamic and have a highly populated citizens because of the industrial region, settlements, and the main access to the bigger cities in south and east side of Sidoarjo [5]. Apart from those villages, “Lumpur Lapindo” also flooded nearby factories, lands, and Surabaya-Gempol highway [6].

The happening of Lapindo mudflow has caused some issues to arise. The point of eruption of the mud was located on highly populated settlement. This causes tens of thousands of citizens to bear the socio-economic burden [1]. The east side of Lapindo mudflow is a shrimp aquaculture area. Mud that came out caused pollution in the area so

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The Relationship Between Gratitude And Psychological

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