

Ajna chakra

Sixth chakra, Third eye chakra

- ◆ Location: between brows
- ◆ Basic issues: intuition, vision, perception
- ◆ Color: indigo
- ◆ Mantra: Om
- ◆ If balanced you feel:
intuitive, guided, perceptive,
clairvoyance, bright dreams, spiritual,
mental strength, good vision
- ◆ If unbalanced you feel:
lack of intuition and imagination,
manipulative, panic, fear, nightmares,
vision and eyes problems, migrains



Ajna Chakra The Third Eye Chakra Rudraksha Ratna

Y Pai



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