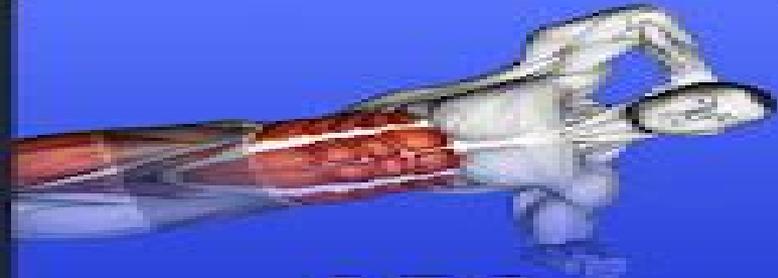


# Focus Area



**FULL BODY**



**ABS**



**CHEST**



**ARMS**



**LEG**



**BACK**

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