

## CHAPTER 21: DRUGS FOR NEUROMUSCULAR DISORDERS

### ★ **CENTRALLY ACTING MUSCLE RELAXANTS**

- *CYCLOBENZAPRINE (AMRIX, FLEXERIL)*

### ★ **DIRECT ACTING ANTIPASMODICS**

- *DANTROLENE SODIUM (DANTRIUM)*
- *NONDEPOLARIZING BLOCKERS*
- *DEPOLARIZING BLOCKERS*

### BODY SYSTEMS CONTRIBUTING TO MUSCLE MOVEMENTS

- *NERVOUS, MUSCULAR, ENDOCRINE & SKELETAL SYSTEMS ARE ALL INVOLVED IN MOVEMENT!*
  - *THIS MAKES MOVEMENT DISORDERS VERY DIFFICULT TO TREAT.*
  - *BODY MOVEMENT DEPENDS ON INTACT NEURAL PATHWAYS, PROPER FUNCTIONING OF MUSCLES, BONES, JOINTS WHICH IN TURN DEPEND ON MINERALS IN THE BLOODSTREAM LIKE SODIUM, POTASSIUM & CALCIUM.*

### NON-PHARMACOLOGICAL THERAPY TO TREAT MUSCLE SPASMS/SPASTICITY

**MUSCLE SPASMS-** INVOLUNTARY CONTRACTIONS OF MUSCLE OR GROUP OF MUSCLES. TONIC (SINGLE PROLONGED CONTRACTION) OR CLONIC (MULTIPLE RAPIDLY REPEATING CONTRACTIONS)

**SPASTICITY-** MUSCLE GROUPS REMAIN IN STATE OF CONTRACTION, USUALLY FROM CNS DAMAGE. MUSCLES BECOME STIFF WITH INCREASED MUSCLE TONE.

- *SIGNS/SYMPTOMS= MILD → SEVERE PAIN; EXAGGERATED DEEP TENDON REFLEXES; MUSCLE SPASMS; SCISSORING (INVOLUNTARY CROSSED LEGS); FIXED JOINTS.*

<b>NON PHARMACOLOGICAL TX FOR SPASTICITY</b>
<i>1. MUSCLE STRENGTHENING TO PREVENT CONTRACTURES</i>
<i>2. MUSCLE GROUP STRENGTHENING EXERCISES</i>
<i>3. REPETITIVE MOTION EXERCISES FOR IMPROVEMENT OF ACCURACY</i>
<i>4. EXTREME CASES SURGERY TO RELEASE TENDONS/ OR SEVER THE NERVE-MUSCLE PATHWAY</i>

<b>NON-PHARMACOLOGICAL TX FOR MUSCLE SPASMS</b>
<i>1. IMMOBILIZATION OF AFFECTED MUSCLE</i>
<i>2. APPLY HEAT OR COLD</i>
<i>3. HYDROTHERAPY</i>
<i>4. THERAPEUTIC ULTRASOUND</i>
<i>5. SUPERVISED EXERCISES</i>
<i>6. MASSAGE</i>
<i>7. MANIPULATION</i>

# Chapter 21 Neuromuscular System Disorders

**RJ Alexander**



## **Chapter 21 Neuromuscular System Disorders:**

## Unveiling the Power of Verbal Beauty: An Emotional Sojourn through **Chapter 21 Neuromuscular System Disorders**

In a global inundated with screens and the cacophony of quick interaction, the profound energy and psychological resonance of verbal beauty usually fade into obscurity, eclipsed by the constant barrage of noise and distractions. However, nestled within the musical pages of **Chapter 21 Neuromuscular System Disorders**, a charming work of literary brilliance that impulses with fresh feelings, lies an remarkable journey waiting to be embarked upon. Composed by way of a virtuoso wordsmith, this enchanting opus instructions viewers on an emotional odyssey, lightly exposing the latent potential and profound affect embedded within the delicate internet of language. Within the heart-wrenching expanse of this evocative analysis, we shall embark upon an introspective exploration of the book is central subjects, dissect its interesting writing style, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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web die sogenannte ns ordensburg vogelsang ist ein von den nationalsozialisten in der eifel oberhalb der urftalsperre auf dem berg erpenseid errichteter gebäudekomplex bei schleiden gemünd in nordrhein westfalen die anlage diente im gegensatz zur ss junkerschule und zur reichsführerschule der nsdap zwischen 1936 und 1939 als

*ordensburg vogelsang das zuchtkloster für den führer welt* - May 11 2023

web sep 9 2016 auf der ordensburg vogelsang in der eifel wollte die nsdap ihren elitenachwuchs erziehen 80 jahre nach dem beginn des ersten ausbildungslehrganges eröffnet jetzt die dokumentation