

Psych 1 Cabrillo College
Charlotte Nolan Reyes, PhD
Test 1 Reading & Study Guide Draft 01, 09.27.13

**The Science of Mind:
The Discipline of Psychology**

INTRODUCTION

WHAT IS PSYCHOLOGY?

The Matter of Mind

Watch "V.S. Ramachandran on your Mind" (March 2007). TEDTalks.

http://www.ted.com/talks/lang/en/vilayanur_ramachandran_on_your_mind.html (23:38).

[Accessed 25 May 2012].

1. *What is unique about your mental world?*
2. What did you find most compelling about Ramachandran's lecture?
3. What do these disorders of the brain teach us about the mind?
4. What are your thoughts on creativity in light of this lecture?
5. We will use this to link to later class lectures too!

Lecture: What Is Psychology?

Psychological science provides us with explanations for behavior that we otherwise might not know from direct observation alone. Psychology consists of multiple perspectives (e.g., developmental, social, and biological) that, when integrated, give us a broader context for understanding human behavior.

1. *What Is Psychology?*

- Psychological scientists view the *mind* as a way of talking about the brain and its activities, including thought, emotion, and behavior.
- The word *psychology* is a combination of two Greek words: *psyche* (or *psuche*), or the soul ("soul" in Ancient Greece was closer to our modern conception of mind), and *logos*, the study of, literally translated to the study of the mind.
- Today, *psychology* is defined as *the scientific study of behavior and mental processes*.
- "*Behavior*" refers to any action that we can observe.
- Studying "*mental processes*" has been highly dependent on the methods available to psychologists.
- Early efforts to study mental processes relied on the use of *introspection*, or the personal observation of your own thoughts, feelings, and behaviors. Because it's

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Psychology Around Us Ronald Comer, Elizabeth Gould, 2012-02-07 Comer and Gould's *Psychology Around Us* demonstrates the many often surprising always fascinating intersections of psychology with students day to day lives Every chapter includes sections on human development brain function individual differences and abnormal psychology that occur in that area These cut across sections highlight how the different fields of psychology are connected to each other and how they connect to everyday life Every chapter begins with a vignette that shows the power of psychology in understanding a whole range of human behavior This theme is reinforced throughout the chapter in boxed readings and margin notes that celebrate the extraordinary processes that make the everyday possible and make psychology both meaningful and relevant The text presents psychology as a unified field the understanding of which flows from connecting its multiple subfields and reinforces the fact that psychology is a science with all that this implies research methodology cutting edge studies the application of critical thinking

Understanding and Evaluating Research Sue L. T. McGregor, 2017-10-25 *Understanding and Evaluating Research A Critical Guide* shows students how to be critical consumers of research and to appreciate the power of methodology as it shapes the research question the use of theory in the study the methods used and how the outcomes are reported The book starts with what it means to be a critical and uncritical reader of research followed by a detailed chapter on methodology and then proceeds to a discussion of each component of a research article as it is informed by the methodology The book encourages readers to select an article from their discipline learning along the way how to assess each component of the article and come to a judgment of its rigor or quality as a scholarly report

Lovejoy's College Guide Charles T. Straughn, 1985-04 *General Catalogue of Printed Books to 1955* British Museum. Dept. of Printed Books, 1967

National Directory of Nonprofit Organizations, 1990 *Arts & Humanities Citation Index*, 1982 A multidisciplinary index covering the journal literature of the arts and humanities It fully covers 1 144 of the world's leading arts and humanities journals and it indexes individually selected relevant items from over 6 800 major science and social science journals

Anthropology Newsletter, 1990 **Forthcoming Books** Rose Army, 1988-11 **Who's who in America** John William Leonard, Albert Nelson Marquis, 1958 Vols 28 30 accompanied by separately published parts with title Indices and necrology

Psychological Science David K. Payne, 2012-03 Each chapter of the Study Guide opens with a visual summary that highlights the most important concepts in the chapter and illustrates how those concepts are related Students then follow a Guided approach to mastering chapter content Each section presents a structured reading schedule with priming questions sets of quiz questions that allow students to make multiple attempts at mastering the same material with hints and suggestions on where in the textbook to study for particular questions and study skills best practices

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