

ANATOMY & PHYSIOLOGY

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HUMAN ANATOMY AND PHYSIOLOGY

Body Plan: Bilateral Symmetry, Cephalization, Coelom, Protostome

Primary:
The human body is a complex of many parts.

Physiology:
The study of the functions of the parts of the body.

Structure:
The study of the parts of the body.

- **Cell:** The basic unit of life.
- **Tissue:** A group of cells that work together to perform a specific function.
- **Organ:** A structure made up of different tissues that work together to perform a specific function.
- **System:** A group of organs that work together to perform a specific function.

CELLS AND TISSUES

Cells:
The basic unit of life. They are made of a cell membrane, cytoplasm, and a nucleus.

Types of Cells:
• **Prokaryotic:** No nucleus, found in bacteria and archaea.
• **Eukaryotic:** Has a nucleus, found in plants, animals, and fungi.

Specialized Cells:
• **Red Blood Cells:** Carry oxygen.
• **White Blood Cells:** Fight infection.
• **Neurons:** Carry electrical signals.

Connective Tissues:
• **Epithelial:** Covers the body.
• **Connective:** Supports and connects other tissues.
• **Muscle:** Contracts to move the body.
• **Nerve:** Carries electrical signals.

THE HEART

Structure:
The heart is a muscular organ that pumps blood throughout the body.

Function:
The heart pumps oxygenated blood to the rest of the body and deoxygenated blood back to the lungs.

Heart Cycle:
1. **Atrial Systole:** The atria contract and push blood into the ventricles.
2. **Ventricular Systole:** The ventricles contract and push blood out to the lungs and the rest of the body.

THE LUNGS

Structure:
The lungs are two organs in the chest that take in oxygen and get rid of carbon dioxide.

Function:
The lungs exchange oxygen and carbon dioxide with the rest of the body.

Gas Exchange:
• **Inhalation:** Taking in oxygen.
• **Exhalation:** Getting rid of carbon dioxide.

NERVOUS SYSTEM

Structure:
The nervous system is made up of the brain, spinal cord, and nerves.

Function:
The nervous system controls and coordinates the body's activities.

Types of Neurons:
• **Sensory Neurons:** Carry information from the senses to the brain.
• **Motor Neurons:** Carry information from the brain to the muscles.
• **Interneurons:** Connect sensory and motor neurons.

THE EYE

Structure:
The eye is an organ that allows us to see.

Function:
The eye captures light and sends it to the brain to be processed.

Parts of the Eye:
• **Cornea:** The front part of the eye that bends light.
• **Lens:** A clear, oval-shaped structure that focuses light on the retina.
• **Retina:** The back part of the eye that captures light and sends it to the brain.

THE SKIN

Structure:
The skin is the largest organ in the body.

Function:
The skin protects the body from the outside world and helps regulate body temperature.

Layers of the Skin:
• **Epidermis:** The outer layer of the skin.
• **Dermis:** The middle layer of the skin.
• **Hypodermis:** The inner layer of the skin.

INTERNAL SYSTEMS

Structure:
The internal systems are the organs and structures inside the body.

Function:
The internal systems work together to keep the body healthy.

Systems:
• **Digestive System:** Breaks down food into nutrients.
• **Respiratory System:** Takes in oxygen and gets rid of carbon dioxide.
• **Circulatory System:** Carries blood throughout the body.

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Advanced Anatomy And Physiology Study Guide

David Baud



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