

Chapter 3: Communication - Answers for Review Questions

1. A hospitalized patient experiences a sharp, stabbing pain while visiting with his spouse. Both the patient and his wife become very concerned, and the patient's call light is activated. What referent initiated the communication between the patient and the nurse?

- Interaction between the patient and his wife
- Concern on the part of the patient's spouse
- Pain experienced by the patient
- Activation of the call light

Answer: c

Pain is the referent that initiated the communication process. The interaction between the patient and his wife was the result of the patient's pain, as was the concern of the patient's spouse. The call light could be considered a channel through which the patient's interaction with the nurse began.

LO: 3.1 Bloom's: Analyzing NCLEX Client Needs: Psychosocial Integrity: Therapeutic Communication

2. Which factors influence whether a message is effectively communicated? (Select all that apply.)

- Timing of the conversation
- Educational level of participants
- Mode of communication used
- Physical environment of discussion

Answers: a, b, c, d

Timing of a conversation dramatically influences the receptivity of the receiver. The educational level of those seeking to communicate has an impact on the type of language and technical terminology that can be used in conversation. Using more than one mode of communication can enhance the effectiveness of a message. Making sure the environment is devoid of excess noise and distraction can facilitate a greater understanding of shared information.

LO: 3.1 Bloom's: Remembering NCLEX Client Needs: Psychosocial Integrity: Therapeutic Communication

3. If a patient is grimacing, what assessment statement or question would be most beneficial in identifying the underlying cause of the nonverbal communication?

- "Did you lose something?"
- "You appear to be having pain."
- "I will turn off the lights and let you rest."
- "May I get you something to relieve your tension?"

Answer: b

Grimacing is a common nonverbal sign of pain. Sharing an observation encourages the patient to elaborate on nonverbal communication. Asking the patient whether something is lost indicates that the nurse has not attended to the nonverbal cues of the patient. It is important to do an assessment of the patient before initiating any interventions.

LO: 3.2 Bloom's: Applying NCLEX Client Needs: Psychosocial Integrity: Therapeutic Communication

4. What action by the nurse would most ensure accurate interpretation of patient communication?

- Providing feedback regarding the conveyed message
- Writing down the patient's conversational highlights
- Assuming significant cultural differences exist
- Verifying the patient's emotional state

Answer: a

Feedback is the most effective way to avoid misinterpretation of a message. It helps ensure that the message sent is perceived by the receiver in a way that is consistent with the intention of the sender. Writing down conversational highlights is a form of documentation that can still be misinterpreted unless feedback is sought. Avoid making assumptions regarding cultural differences. Verifying a patient's emotional state provides insight into a patient's state of mind, but it does not ensure accurate interpretation of a conversation.

LO: 3.1 Bloom's: Understanding NCLEX Client Needs: Psychosocial Integrity: Therapeutic Communication

5. If a patient's verbal and nonverbal communications are inconsistent, which form of communication is most likely to convey the true feelings of the patient?

- Written notes
- Facial expressions
- Implied inferences
- Spoken words

Answer: b

Chapter 3 Review Section 1 Answers

Michael deCastro Cabana



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