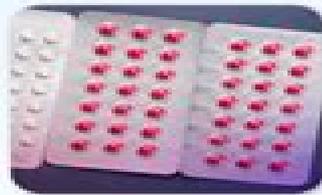


SA PAGBUO NG PAMILYA, MAY SAY KA PILIIN ANG ANGKOP NA FAMILY PLANNING METHOD PARA SA INYONG MAGPARTNER!

ANG MGA SUMUSUNOD NA FAMILY PLANNING METHOD:



MALE
CONDOMS



COMBINED ORAL
CONTRACEPTIVE PILLS
(COC)



PROGESTIN ONLY
PILLS (POP)



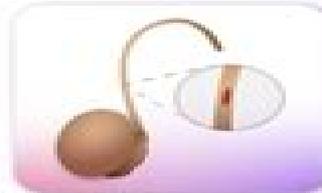
INJECTABLES



LIGATION
(UNILATERAL OR
BILATERAL)



SUBDERMAL
CONTRACEPTIVE
IMPLANT



VASECTOMY
(UNILATERAL OR
BILATERAL)



INTRAUTERINE
DEVICE (IUD)

PWEDENG MAKUHA SA MGA:



BARANGAY HEALTH
STATION



RURAL HEALTH UNIT
OR HEALTH CENTER



DOH-RETAINED
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