

Chapter 45 Assessment and Management of Patients With Endocrine Disorders

1. The nurse is caring for a patient diagnosed with hypothyroidism secondary to Hashimoto's thyroiditis. When assessing this patient, what sign or symptom would the nurse expect?

- A) Fatigue
- B) Bulging eyes
- C) Palpitations
- D) Flushed skin

Ans: A

Feedback:

Symptoms of hypothyroidism include extreme fatigue, hair loss, brittle nails, dry skin, voice huskiness or hoarseness, menstrual disturbance, and numbness and tingling of the fingers. Bulging eyes, palpitations, and flushed skin would be signs and symptoms of hyperthyroidism.

2. A patient has been admitted to the post-surgical unit following a thyroidectomy. To promote comfort and safety, how should the nurse best position the patient?

- A) Side-lying (lateral) with one pillow under the head
- B) Head of the bed elevated 30 degrees and no pillows placed under the head
- C) Semi-Fowlers with the head supported on two pillows
- D) Supine, with a small roll supporting the neck

Ans: C

Feedback:

When moving and turning the patient, the nurse carefully supports the patient's head and avoids tension on the sutures. The most comfortable position is the semi-Fowlers position, with the head elevated and supported by pillows.

3. A patient with thyroid cancer has undergone surgery and a significant amount of parathyroid tissue has been removed. The nurse caring for the patient should prioritize what question when addressing

Chapter 45 Guided Answers

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