



Diabetes Paper

Diabetes is a disease in which the body does not produce or properly use insulin. The cause of diabetes continues to be a mystery, although both genetics and environmental factors such as obesity and lack of exercise appear to play roles. This Metabolic disorder causes the body to lose its main source of fuel considering that the blood contains large amounts of glucose (since diabetic people are usually obese people or people who have large contents of glucose in their bodies). After digestion, glucose passes into the bloodstream, where it is used by the human cells for growth and energy.

In order for glucose to get into cells, a hormone called insulin must be present. Insulin is a hormone produced by the pancreas, a large gland behind the stomach. Insulin is a hormone that is needed to convert sugar, starches and other food into energy (glucose), this substance is essential for a human being's continued existence. Upon food consumption, the pancreas automatically produces the right amount of insulin to move and synthesize glucose from the blood into the human cells.

However, the pancreas either produces little or no insulin for people affected with diabetes, the cells in these cases do not respond appropriately to the insulin that is produced. Glucose builds up in the blood, overflows into the urine. This causes the glucose to be discharged out of the human body in the form of urine. This is basically a metabolism disorder – the problem lies with how the food is digested by the human body ingesting it (National Diabetes Clearing House).

There are 2 main types of Diabetes; the first being known as "Insulin dependent diabetes" or what is now being termed as "Type 1 diabetes", and the second type known as "Non- insulin dependent diabetes" also known as "Type 2 diabetes". II. Type 1 Diabetes (Insulin Dependent Diabetes) Type 1 Diabetes (Insulin-dependent diabetes) is a disorder best characterized with the occurrence of frequent urination, extreme thirst, constant hunger, blurred vision, and extreme fatigue on the part of the subject.

This strain unlike the type 2 diabetes strain is most prevalent in young individuals, who usually contract this disease around the age of 14. Type 2 diabetes is in contrast acquired during the latter stages of an individual's life probably due to an unhealthy lifestyle. The insulin dependent diabetes strain -- accounts only for approximately 5 percent or less of diabetes in the U. S. (Armstrong, C. 1990). People affected with Type 1 Diabetes like others affected with other diabetes strains, have defective pancreas glands.

These glands are supposed to be the ones which secrete the insulin hormone. The insulin hormone is the hormone which facilitates the conversion of Glucose to a form which allows for assimilation by the human cells. Since the pancreas releases a very limited amount of insulin (in some cases none at all) the glucose which is not assimilated

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