



Intake Interview

Patient: Smith, Jane DOB: 06/ 13/ 1985 Date of Interview: 02/05/2010 Date of Report: 02/06/2010 IDENTIFYING INFORMATION: Ms. Smith is a 24 year old white woman currently residing in Vancouver, WA. She is employed as a hairstylist and currently lives in an apartment with two friends and their newborn son. Ms. Smith has been seen for mental health symptoms previously as a teenager, and was referred again on this visit by a colleague. The following report information is based on information collected from my interview with the patient, her medical chart, and psychological testing.

CHIEF COMPLAINT: "I feel like sometimes my life is too much to handle. It makes me sick to think about things and I am not sure I can stand much more. I feel like there is no hope. I am all alone and I think I will always be alone." HISTORY OF PRESENT ILLNESS: Ms. Smith says she frequently suffers from anxiety attacks and is often times unable to cope with stress while at work. She states she feels sweaty, weak and dizzy when thinking about life. Over the last two years she has been unable to relax, often has difficulty falling or staying asleep, and often feels ill and tired.

She says her primary way of coping is alcohol. When unable to drink she reports her anxiety levels being "unbearable" and tries to stay away from social interaction. She also reports that her anxiety increases after nights of drinking as she feels like everyone is watching her. Ms. Smith has been diagnosed with high blood pressure which may be caused by her weight gain over the last three years. SOCIAL HISTORY: Ms. Smith is currently single and has no children. She was living with her father until she was forced to leave after a domestic dispute caused a no contact order between them two years ago.

Her mother and father separated four years ago and her mother moved out of their house into her own apartment. She states that until the separation she heavily relied on both parents for social and financial support. She has two older sisters, both of whom do not live in the area. While she says that one sister is caring she describes the other as "self-centered" and says she has a hard time staying close to either due to location. She recalls her childhood as "normal" although she felt like her parent's attention was given primarily to her sisters.

She says that she has a large group of friends, but tries to hide her emotional distress and anxiety from them as she does not want to be burdensome. Ms. Smith reports suffering from significant financial distress after moving out of her parents. She also says she is unhappy with her living situation and the new addition to their household. Ms. Smith also shows great concern over being single and without a relationship since she was 16. She attributes her problems in dating to her gain in weight and says it has dramatically decreased her self esteem.

CURRENT/PAST PSYCHIATRIC HISTORY: Ms. Smith reports that

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Clinical Interviewing John Sommers-Flanagan, Rita Sommers-Flanagan, 2002-12-30 Includes case studies chapter summaries and new sections Features an online instructor's manual Integrates different theoretical models Treating Drug Problems Arthur W. Blume, 2005-03-25 Part of the new Treating Addictions series Treating Drug Problems is full of practical information on assessing diagnosing and treating drug problems and represents an invaluable tool for anyone who works with clients experiencing drug dependence or addiction The popular series format includes assessment scales tables checklists and diagrams features such as Dos and Don'ts and Important Things to Remember problem solving scenarios Self Improvement Techniques and suggested resources including an annotated bibliography and lists of contacts such as self help groups residential and outpatient treatment programs support groups and websites *Clinical Psychology* Andrew M. Pomerantz, 2008 A very readable account a clearly accessible introduction to the field and to critical issues within it The particular advantage is that this text is addressed to undergraduates making career choices and provides an informed discussion of key issues Kate Briggs University of West Georgia The book is well written easy to understand and covers all of the necessary topics to gain an appreciation for the field of clinical psychology David Topor The University of North Carolina at Greensboro The most impressive aspect of this material is the comprehensive nature of the text The breadth clarity and usefulness of the coverage is first rate Alan Whitlock University of Idaho This is very balanced in presentation perhaps the least biased text for clinical psych I've seen Elizabeth E Seebach Saint Mary's University of Minnesota Very user friendly more interactive in terms of thinking questions etc than other similar texts Jessica Yokley University of Pittsburgh This undergraduate core text presents a balanced overview of clinical perspectives with an emphasis on multicultural issues Academically rigorous but accessible it covers psychotherapy clinical assessment ethical and professional issues and specialized topics such as forensic and health psychology **KEY FEATURES** Includes a full chapter on cultural issues in the introductory section of the book Offers a full chapter on ethical issues in the introductory section of the book Presents a full chapter in which current and controversial topics are discussed from both sides of the debate Integrates discussion of ethical and professional issues throughout the book Incorporates useful pedagogical tools that serve to connect unfamiliar clinical psychology concepts to the everyday life of students These include a Considering Culture box in each chapter following the chapter on culture Denise in Psychotherapy boxes that illustrate how a client would be treated according to various approaches at least one Metaphorically Speaking box in most chapters that use metaphors to teach students about new concepts and end of chapter critical thinking questions **AUTHOR CREATED ANCILLARIES** An Instructor's Resource CD ROM provides PowerPoint slides a computerized test bank suggested class activities sample syllabi Web and video resources for each chapter of the text A Student Study Site at www.sagepub.com/pomerantzcpstudy offers self quizzes e flashcards sample case studies Internet exercises and suggested Web resources and SAGE journal articles with discussion questions

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Doing Sport Psychology Mark B. Andersen, 2000 Mark B Andersen examines authentic examples of sport psychologists at work to teach readers how to use their knowledge of sport psychology in an effective and efficient manner

Individual Counseling and Therapy Mei-wei Chen, Zachary D. Bloom, 2025-03-12 The fourth edition of Individual Counseling and Therapy Skills and Techniques decodes the nuances of therapeutic language and helps students discover their clinical voice Lucidly written and engaging the text integrates theory and practice with richly illustrated real life case examples and therapeutic dialogues that demystify the counseling process The therapeutic skills and techniques delineated here will build students skillsets and deepen their confidence throughout the counseling process from intake to problem exploration awareness raising problem resolution and finally to termination Students will delight in the text s depth insights genuineness and accessibility as they develop and hone their therapeutic voice for clinical practice An instructor s manual PowerPoints and chapter test questions are available to instructors on the Routledge website

Cognitive Case Conceptualization Lawrence D. Needleman, 1999-05 This book outlines a systematic approach to conceptualizing cases that guides therapists in the selection and implementation of highly effective interventions It will be an indispensable desk reference for many experienced clinicians as well as trainees

Clinical Mental Health Counseling J. Scott Young, Craig S. Cashwell, 2016-07-27 Referencing the 2016 CACREP standards Clinical Mental Health Counseling Elements of Effective Practice by editors J Scott Young and Craig S Cashwell combines solid foundational information with practical application for a realistic introduction to work in community mental health settings Top experts in the field cover emerging models for clinical interventions as they explore cutting edge approaches to CMH counseling With case studies integrated throughout students will be well prepared to move into practicum and internship courses as well as field based settings

Basic Skills and Professional Issues in Clinical Psychology Janet R. Matthews, Clarence Eugene Walker, 1997 Aiming to provide readers with basic information about the practical aspects of clinical service this book also covers current professional issues and the role of psychological associations in their professional development The text integrates practical and professional issues important to beginning professionals in psychological service settings and enhances practical information with case studies so that a real world view is conveyed Legal and ethical issues are also introduced

Theories of Counseling and Psychotherapy Linda Seligman, Lourie W. Reichenberg, 2010 Theories of Counseling and Psychotherapy categorises theories by their focus background emotions and sensations thoughts or actions This structure helps students better understand similarities and differences among theories and provides an overarching framework that other texts lack

Handbook of Behavioral Assessment Anthony R. Ciminero, Karen S. Calhoun, Henry E. Adams, 1986-05-14 The most comprehensive review available of the field of behavioral assessment In four sections it covers general issues in assessment including trends in the

classification of abnormal behavior six major general approaches used in behavioral assessment and the use of these general methods to assess various behavior problems and specific behavioral medicine topics This second edition provides updated and expanded coverage

Differential Diagnosis in Physical Therapy Catherine Cavallaro Goodman, Teresa E. Kelly Snyder, 2000 The New Edition of this guide identifies conditions that may require more than physical therapy Guidelines on determining when a patient should be referred elsewhere for further medical care are included It provides information needed to identify systemic conditions that may resemble musculoskeletal pathology New to this edition are Guidelines for Physician Referral practice questions and additional case examples

Case Management and Rehabilitation Counseling Richard Roessler, Stanford E. Rubin, 1992

Opening Doors, Opening Opportunities Jeanne R. Paratore, 2001 Discusses how to engage families in successful literacy programs through case studies of twelve home school partnerships examines how family literacy programs can be implemented and concludes with a first hand account of the Intergeneration Literacy Project

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Guided Affective Imagery--the Basic Course Hanscarl Leuner, 1984

Bulletin Child Welfare League of America, 1947

Infant-toddler Assessment Louis Michael Rossetti, 1990

The Mental Health Interview Benjamin Pope, 1979

Essentials of Paralegalism William P. Statsky, 2006 Essentials of Paralegalism is an introduction to this emerging legal field It covers primary employment and regulatory issues including job search strategies The material teaches the basic skills paralegals will need when working in the field including interviewing investigation and analysis at an introductory level The More On the Net feature provides addresses for Web sites that relate to the theme for each chapter and analysis problems throughout promote analytical thinking skills needed on the job Concrete examples from paralegal professionals experience in the work setting give readers an insider's view of this profession

The Greenwood Dictionary of Education John William Collins, Nancy P. O'Brien, 2003 The first of its kind since the 1980s this book provides authoritative definitions for more than 2 600 terms that apply to educational research practice and theory The overall focus is on the most critical terms in education as used by current practitioners yet references to significant historical events in education are also included Terms were taken from such fields as BL Early childhood education BL K 12 education BL Special education BL Higher education BL Adult education BL Career education BL Comparative education BL Curriculum BL Mathematics education BL Science education BL Language arts BL Reading BL Social studies education BL Educational philosophy BL Educational technology BL Educational research BL Language acquisition BL Measurement BL Teaching BL And other fields Each of the definitions is 25 250 words and has been written by a knowledgeable practitioner or researcher in the field Included are acronyms and initialisms commonly used in the field names and descriptions of relevant organizations and important legal decisions relating to education An extensive bibliography provides useful sources for further research This reference work will be valuable for professionals in the K 12 setting students of education and educators and researchers in colleges of education Librarians at academic public and school libraries will find the dictionary immensely useful in

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