

# Budgeting for Beginners: Step-by-Step Guide

Stop living paycheck to paycheck and actually save your money!

## Expenses

Figure out what you have been spending on average for bills and expenses. Including food, gas, and impulse buys.

## Sinking Funds

Determine what you need to save every month for expenses that do not come up every month. For example, Christmas, birthdays, taxes, ect.



*Budgets Made Easy*

1

## Determine Income

Figure out your average monthly income. Even if you get paid irregularly, bi-weekly, or weekly. Determine what you typically get paid in a month.

2

## What's left?

Simply take your income and minus your expenses for the month. This is what you have left to put toward your goals.

3

4

## Debt Snowball

Whatever is left after all your expenses and sinking funds goes toward paying off your lowest debt.

5

# Easy Budgeting Tips For Beginners For Experts

**William H. Burr, Frank H.  
Leavenworth, John Oliver (J.)**

## **Easy Budgeting Tips For Beginners For Experts:**

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you are being effected by work related stress

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