

General Health Questionnaire (GHQ-12)

Full name of the patient: Vanya R. Levesque

Date accomplished: April 1, 2022

Full name of the assessor: Rennala A. Caria

Instructions: Please answer the following questions by selecting the statements that you feel apply to you based on their respective items.

Have you recently...

Questions	Choices			
1. Been able to concentrate on what you're doing?	<input type="radio"/> Better than usual	<input type="radio"/> Same as usual	<input checked="" type="radio"/> Less than usual	<input type="radio"/> Much less than usual
2. Lost much sleep over worry?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input checked="" type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
3. Felt you were playing a useful part in things?	<input type="radio"/> More so than usual	<input checked="" type="radio"/> Same as usual	<input type="radio"/> Less useful than usual	<input type="radio"/> Much less useful
4. Felt capable of making decisions about things?	<input type="radio"/> More so than usual	<input checked="" type="radio"/> Same as usual	<input type="radio"/> Less so than usual	<input type="radio"/> Much less capable
5. Felt constantly under strain?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input checked="" type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
6. Felt you couldn't overcome your difficulties?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input checked="" type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
7. Been able to enjoy your normal day-to-day activities?	<input type="radio"/> More so than usual	<input type="radio"/> Same as usual	<input checked="" type="radio"/> Less so than usual	<input type="radio"/> Much less than usual
8. Been able to face up to your problems?	<input type="radio"/> More so than usual	<input type="radio"/> Same as usual	<input checked="" type="radio"/> Less so than usual	<input type="radio"/> Much less able
9. Been feeling unhappy and depressed?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input checked="" type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
10. Been losing confidence in yourself?	<input type="radio"/> Not at all	<input type="radio"/> No more than usual	<input checked="" type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
11. Been thinking of yourself as a worthless person?	<input checked="" type="radio"/> Not at all	<input type="radio"/> No more than usual	<input type="radio"/> Rather more than usual	<input type="radio"/> Much more than usual
12. Been feeling reasonably happy, all things considered	<input type="radio"/> More so than usual	<input type="radio"/> About same as usual	<input checked="" type="radio"/> Less so than usual	<input type="radio"/> Much less than usual

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Sebastian Brünink



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