

# Why counselling skills

The counselor must	So that the client can
Listen	Develop his/her thinking
Not judge	Feel safe and respected
Pay attention	Know you care
Accept the client's feelings	Know he/she is not being judged
Think about the client	Get the best help possible

The counselor May	So that the client can
Ask questions	Develop her/his own thinking
Summarize	Hear her/his thoughts and know she/he is understood

# Basic Counseling Techniques

**Terry C. Jones**



## **Basic Counseling Techniques:**

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