

Basic Food Hygiene and Safety Q&A
Quiz 1
Spring 2019

Please answer all questions by indicate which option is correct (1 point each for each correct answer)

1. Which of the following workers **DOES NOT** pose a risk to food safety?
 - a. Food handler picking his nose
 - b. Worker smoke while scaling fish
 - c. Worker that has short clean nails without cuts on hand
 - d. Worker that have whitlow and infected sore on fingers

2. Which concept or concepts would best describe high risk foods?
 - a) Capable of supporting the rapid growth of microorganisms
 - b) Require the application of facilities to maintain safe food temperatures
 - c) Mainly from animal origin (meat/poultry/seafood)
 - d) All of the above

3. Base on the concept of safe food, it is best describe as
 - a. Food free from contamination with harmful germs, foreign objects and chemical (whether natural or artificial)
 - b. Food purchase from a person who you are familiar with
 - c. Food contaminated with pathogens
 - d. Food cooked in the morning for the evening meal

4. The concept of Cross Contamination in food safety is the transfer of contaminants (germs) from an unsafe source to a safe source. How is this transfer done?
 - a. Using the same utensil without washing after use
 - b. Storing more than one (1) food together without any physical separation
 - c. Not washing hands after handling fish before handling meat
 - d. All of the above

5. In Food Safety, foodborne illnesses are major issues. They (Foodborne illnesses) are likely linked to
 - a. Poor personal hygiene
 - b. Cross contamination
 - c. Time and Temperature abuse
 - d. All of the above

6. Which of the following is a **SAFE/GOOD** food handling practice?
 - a. Smoking while handling seafood/meat/poultry
 - b. Washing hands with soap and water after going to the toilet
 - c. Wearing dirty clothes
 - d. Wearing jewelry while handling food

Food Hygiene Exam Paper

Marcel A. Müller



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