

**Table 2-1: Documentation: Descriptive Words**  
 Ruth Herold, CTRS and Kristin Ogren, OTR/L  
 Overlake Hospital and Medical Center, Bellevue, WA

**MOTOR**

<b>Posture:</b>				
Tense	Rigid	Slouching	Slumped	Head down
Relaxed	Open/closed			
<b>Movements:</b>				
Coordination	Balance	Gait	Motor planning	Gross motor
Fine motor	Dexterity	Eye-hand coordination	Tremor	Spasm
Jerking	Handwriting (quality)	Dyskinesia	Rocking	Nervous habit
Self-stimulating	Mannerism	Gestures	Hypermobile	Hyper-responsive
Startless	Aimless	Purposeless	Overstimulated	Repetitive
Restless	Pacing	Perseverating	Abrupt	Agitated
Active	Spontaneous	Strong	Forceful	quick
Retardation	Fluid	Slow	Latent	Delayed
Lethargic	Listless	Passive	Tentative	

**HELPFUL WORDS TO REMEMBER**

<b>Shows</b>	<b>Offers</b>	<b>Appears</b>	<b>Age-appropriate</b>	<b>Seems</b>
Demonstrates	States	Situation-appropriate	Reports	Observed
Noted	Produces	Declines	Refuses	Resists
Withdraws	Initiates	Inconsistent		

**COGNITIVE**

<b>Mental State:</b>				
Concentration	Comprehension	Retention	Hallucinations	Delusions
Clear	Alert	Attention span	Aware	Perceptive
Insightful	Memory (recent, remote)	Focused	Drowsy	Dull
Reality testing	Confused	Preoccupied	Distractible	disoriented
<b>Thought Process:</b>				
Tangential	Pressured	Rambling	Racing thoughts	Tracking
Processing	Abstracting	Flight of ideas	Generalizing	Blocked
Expansive	Concrete thinking	Grandiose	Obsessive	Disorganized
Poverty of thought	scattered			

**AFFECT**

Flat	Blunted	Bland	Disappointed	Dazed
Controlled	Constricted	Matter-of-fact	Sober	Serious
Placid	Self-critical	Calm	Composed	Comfortable
Self-deprecatory	Staring	Relaxed	Nonchalant	Fixed expression
Depressed	Hopeless	Dejected	Self-effacing	Despondent
Sad	Tearful	Apprehensive	Subdued	Unhappy
Remorseful	Lacking energy	Guilt	Overwhelmed	Powerless
Belligerent	Tense	Irritable	Frustrated	Anxious
Puzzled	Scowling	Pressured	Fearful	Frightened
Agitated	Panicky	Resentful	Angry	Sullen
Hostile	Indignant	Cheerful	Bright	Smiling
Enthusiastic	Eager	Energetic	Motivated	Interested
Animated	Happy	Spontaneous	Exhilarated	Euphoric
Elated	Labile			

# Documentation Descriptive Words

**H Kauffman**



**Documentation Descriptive Words:**

## Decoding **Documentation Descriptive Words**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its capability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Documentation Descriptive Words**," a mesmerizing literary creation penned by a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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