

Chapter 6 Basic Motivation Concepts

MULTIPLE CHOICE

Defining Motivation

1. Jim is a student who cannot work at writing a paper for more than 30 minutes, yet he can spend many hours writing comments on blogs. What accounts for the change in motivation in this case?
- his ability
 - the situation
 - his personality
 - the congruence
 - the structure of the task

(b; Moderate; p. 186)

2. Motivation is best defined as a process that _____.
- results in a level of effort
 - intensifies an individual's efforts
 - accounts for an individual's efforts toward attaining a goal
 - meets an individual's needs
 - stabilizes over time

(c; Moderate; p. 186)

3. What are the three key elements of motivation?
- reactance, congruence and circumstance
 - interest, activity and reward
 - awareness, effort and outcome
 - stimulation, progress and achievement
 - intensity, direction and persistence

(e; Moderate; p. 186)

Early Theories of Motivation

4. In Maslow's hierarchy of needs, what is the term used for the drive to become what one is capable of becoming?
- perfection
 - self-actualization
 - hypo-glorification
 - self-esteem
 - attainment

(b; Easy; p. 187)

5. The most well-known theory of motivation is Abraham Maslow's _____.
- Theories X and Y
 - Hierarchy of Needs
 - Two-factor Theory
 - Motivator-Hygiene Theory
 - Cognitive Evaluation Theory

(b; Easy; p. 187)

6. Maslow's hierarchy has five levels of needs. Which of the following is not one of those levels?
- safety needs
 - social needs
 - animal needs

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Yi-Tong Ma



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