

WHEN YOUR BUDGET ISN'T WORKING

Powerful Tips To Stay On Track



1

KEEP IT FLEXIBLE

Life happens, so keep your budget as flexible as you are. There are NO penalties for moving money from one category to another. Overspent on groceries? No biggie, just backfill with some funds from your clothing budget, and forego the new sweater. **DONE!**



2

SET PERSONAL GOALS

To stick to your budget, you need to remember **WHY** you started this budget. I recommend writing down your goals and hanging them somewhere you can see **EVERY DAY**. Keep that fire burning so you remember **WHY** your budget is so important to you!



3

BE REALISTIC

A budget based on wishful thinking instead of realistic spending habits will **FAIL 100%** of the time. Print your previous 90 days of bank/credit card statements, total up your spending into categories, and base your budget on your **TRUE** spending. Only then can you start making adjustments to save money.



4

PLAN AHEAD

Put a "budget meeting" on the calendar **BEFORE** the month begins. The goal of this meeting is to review the previous month, check in with your goals, and plan next month's budget. Every month is **DIFFERENT**. Pull out the calendar and make sure to budget for any events coming up!



5

TRACK EXPENSES DAILY

Build a habit of inputting your expenses at the end of every day. This will keep you on track, keep your budget up to date, and help you make better money decisions. Use a spreadsheet or paper worksheet to record these daily.



6

USE CASH ENVELOPES

Divide your money into spending categories for the month. Labels envelopes for each category. Put money in envelopes for spending each paycheck. When the money runs out, you can't spend any more. If you **NEED** more, you borrow from another envelope.

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JS Bruner



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