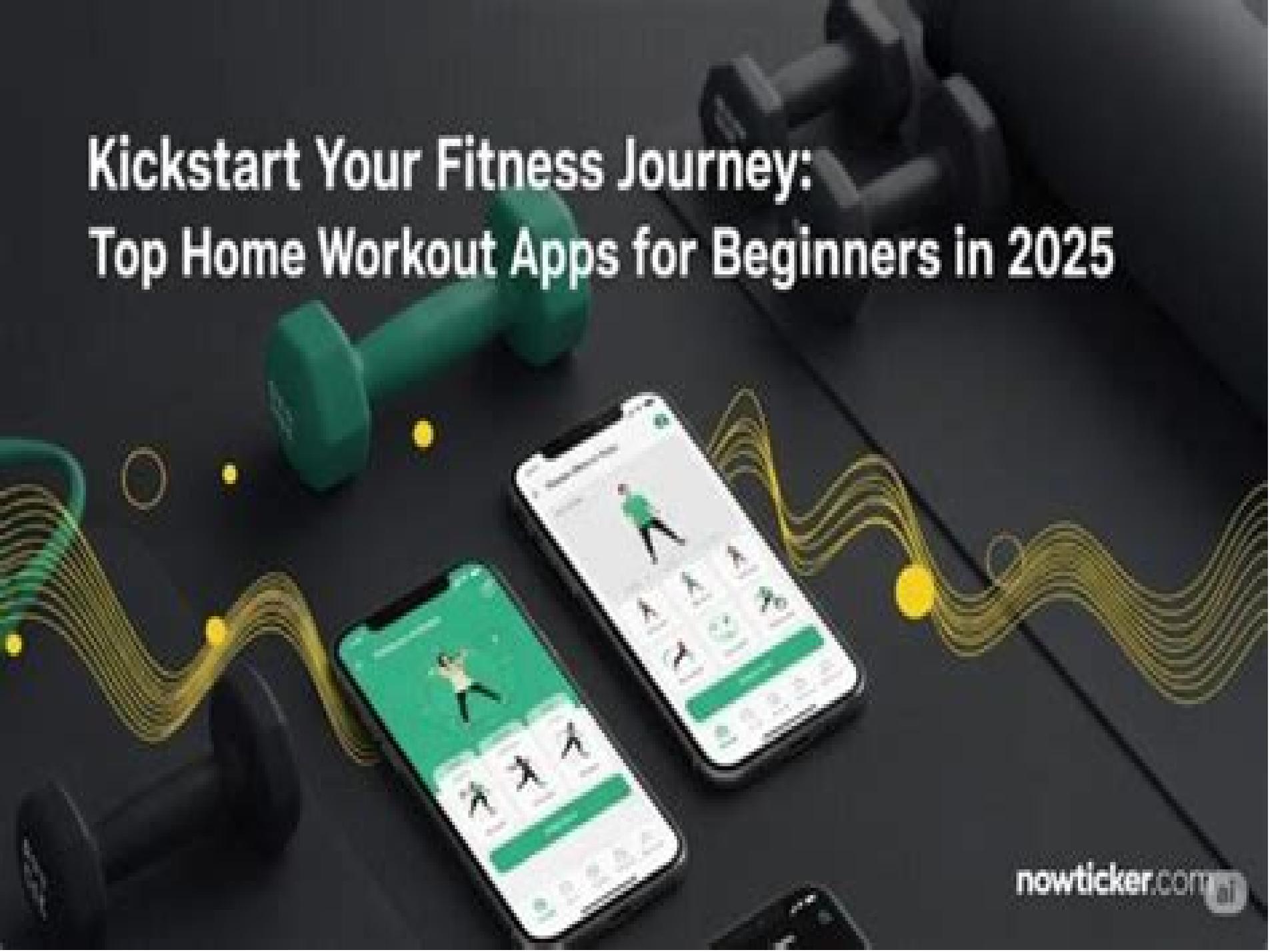


# Kickstart Your Fitness Journey: Top Home Workout Apps for Beginners in 2025



# Top Home Workout 2025 For Experts

**Jicheng Xie**



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