



**DUCT DESIGN USING  
STATIC REGAIN METHOD  
USING MCQUAY DUCT SIZER  
TOOLS**

**STATIC REGAIN METHOD**

# Static Regain Method Duct Design

**American Society of Heating,  
Refrigerating and Air-Conditioning  
Engineers**



## **Static Regain Method Duct Design:**

HVAC Duct Pressures and Static Regain Charles Nehme, The efficient and effective distribution of air is the lifeblood of any modern building directly impacting occupant comfort indoor air quality and critically energy consumption Yet the principles governing airflow within HVAC ductwork specifically pressures and the concept of static regain are often misunderstood or underutilized even by seasoned professionals This oversight can lead to oversized fans excessive energy bills persistent noise issues and ultimately systems that fail to deliver their intended performance Having dedicated over three decades to navigating the complexities of HVAC and MEP systems across diverse global markets from intricate industrial facilities to expansive commercial developments and detailed residential projects I've witnessed firsthand the profound impact that meticulous duct design can have My career has been a continuous journey of understanding how theoretical principles translate into practical high performing and sustainable built environments This book is a distillation of that experience aimed at bridging the gap between fundamental aerodynamic principles and their real world application in HVAC design My primary motivation in writing this guide stems from a recognition of a persistent challenge in our industry the tendency to simplify duct design at the expense of true optimization While various duct sizing methods exist the often overlooked power of static regain when properly understood and applied offers unparalleled opportunities for achieving balanced airflow reducing fan energy and ensuring quieter operations This is not just about avoiding problems it's about elevating HVAC systems to a higher standard of efficiency and reliability This book is intended for HVAC engineers designers consultants and technicians anyone involved in the design installation commissioning or troubleshooting of air distribution systems Whether you are a student just embarking on your engineering journey a professional seeking to deepen your understanding or an experienced practitioner looking for advanced optimization strategies this resource aims to provide clarity practical methodologies and actionable insights We will begin by establishing a solid foundation in the basic fluid dynamics of airflow and the critical definitions of static velocity and total pressures From there we will explore various pressure loss mechanisms and delve into the comparative analysis of different duct sizing methods with a particular emphasis on the theory and practical application of the static regain method Subsequent sections will guide you through advanced design considerations the crucial interaction between fans and duct systems strategies for maximizing energy efficiency and an overview of the latest tools standards and best practices It is my sincere hope that this book empowers you to approach HVAC duct design with greater confidence precision and a renewed appreciation for the elegant interplay of pressures that dictates the performance of our buildings vital organs By mastering these principles you will not only enhance your projects but also contribute to a more sustainable and comfortable built world Charles Nehme Global HVAC and MEP Consultant

**Principles of Heating, Ventilation, and Air Conditioning in Buildings** John W. Mitchell, James E. Braun, 2012-03-06 Principles of HVAC in Buildings by J W Mitchell and J E Braun provides foundational knowledge for the

behavior and analysis of HVAC systems and related devices The emphasis is on the application of engineering principles and features a tight integration of physical descriptions with a software program that allows performance to be directly calculated with results that provide insight into actual behavior The examples end of chapter problems and design projects are more than exercises they represent situations that an engineer might face in practice and are selected to illustrate the complex and integrated nature of an HVAC system or piece of equipment Coverage of material applicable to the field is broad a Fundamentals section on thermodynamics fluid flow heat transfer and psychrometrics types of HVAC systems and components comfort and air quality criteria a Loads section on weather data processing design heating and cooling loads an Equipment section on air and water distribution systems heating and cooling coils cooling towers refrigeration equipment and a Design and Control section on seasonal energy use control techniques supervisory control the HVAC design process and the rules of thumb often used in design The textbook provides a foundation for students and practicing engineers to design HVAC systems for buildings In addition there is extensive supplemental on line material that provides more in depth and comprehensive treatment of equipment and component modeling and performance that is geared towards current and future equipment design engineers

**Principles of Tropical Air Conditioning** Chris A. Ibe, Emmanuel E.

Anyanwu, 2013-07-24 Principles of Tropical Air Conditioning is written with the humid tropics in mind It is intended to meet the syllabus of the Higher National Diploma HND or equivalent professional examinations in Building Services Engineering It is also designed to cover the air conditioning course content of the new Bachelor of Engineering B Eng degree approved by the National Universities Commission It is specifically focused in providing design data for tropical air conditioning system design and provides illustrative examples that can give young practitioners enough information to evaluate air conditioning and refrigeration cooling loads and equipment selection with minimum supervision In addition Principles of Tropical Air Conditioning serves as quick reference source containing useful design data and parameters often required by the practicing engineer

**Handbook of Heating, Ventilation, and Air Conditioning** Jan F. Kreider, 2000-12-26

The building industry accounts for about 25 percent of the US gross national product through the design construction operation and maintenance of commercial institutional and residential buildings The Handbook of Heating Ventilation and Air Conditioning provides a current comprehensive review of the latest procedures and trends in the industry It combines practice and theory systems and control and modern methods and technologies to provide in one volume all of the design and operation information needed by HVAC engineers Through a link on the CRC Web site owners of the handbook can access new material periodically posted by the author

Refrigeration and Air Conditioning S. N. SAPALI, 2009-02-11

This book provides a first course in Refrigeration and Air Conditioning The subject matter has been developed in a logical and coherent manner with neat illustrations and a fairly large number of solved examples and unsolved problems The text developed from the author's teaching experience of many years is suitable for the senior level undergraduate and first year postgraduate students of

mechanical engineering automobile engineering as well as chemical engineering The text commences with an introduction to the fundamentals of thermodynamics and a brief treatment of the various methods of refrigeration Then follows the detailed discussion and analysis of air refrigeration systems vapour compression and vapour absorption refrigeration systems with special emphasis on developing sound physical concepts and gaining problem solving skills Refrigerants are exhaustively dealt with in a separate chapter The remainder chapters of the book deal with psychrometry and various processes required for the analysis of air conditioning systems Technical descriptions of compressors evaporators condensers expansion devices and ducts are provided along with design practices for cooling and heating load calculations Finally a brief review of the basic principles and applications of cryogenic gases and air liquefaction systems are given

**Handbook of Air Conditioning, Heating, and Ventilating** Eugene Stamper, Richard L. Koral, 1979 This comprehensive and acclaimed volume provides a wealth of practical information on the design installation and operation of air conditioning heating and ventilating systems

HVAC Systems Duct Design Sheet Metal and Air Conditioning Contractors' National Association (U.S.), 1981

Board of Contract Appeals Decisions United States. Armed Services Board of Contract Appeals, 2003

**Analysis and Design of Heating, Ventilating, and Air-conditioning Systems** Herbert W. Stanford, 1988

**ASHRAE Journal**, 1996

**The Building Economist**, 1973

ASHRAE Handbook & Product Directory American Society of Heating, Refrigerating and Air-Conditioning Engineers, 1980

**Heating, Ventilating, Air Conditioning Guide**, 1959

*Handbook of Mechanical Engineering Calculations, Second Edition* Tyler G. Hicks, 2006-03-10 Solve any mechanical engineering problem quickly and easily This trusted compendium of calculation methods delivers fast accurate solutions to the toughest day to day mechanical engineering problems You will find numbered step by step procedures for solving specific problems together with worked out examples that give numerical results for the calculation Covers Power Generation Plant and Facilities Engineering Environmental Control Design Engineering New Edition features methods for automatic and digital control alternative and renewable energy sources plastics in engineering design

**International Series of Monographs in Heating, Ventilation and Refrigeration**, 1970

*ASHRAE Handbook*, 2005

**Handbook of Air Conditioning System Design** Carrier Corporation. Carrier Air Conditioning Company, 1965

**ASHRAE Handbook of Fundamentals** American Society of Heating, Refrigerating and Air-Conditioning Engineers, 1972

Modern Air Conditioning Practice Norman C. Harris, David F. Conde, 1974

Transactions American Society of Heating, Refrigerating and Air-Conditioning Engineers, 1966

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