

A woman with long blonde hair, wearing a white tank top and leggings, is performing a side plank on a blue mat. She is on her left side, with her left arm extended upwards and her right arm resting on the floor. The room has light-colored walls, a wooden floor, and a green plant on a wicker stool in the background.

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Cheap Bastard's™ Guide to Chicago Nadia Oehlsen,2009-09-15 Longtime Chicagoan Nadia Oehlsen reveals her secrets for living the good life cheaply in the Windy City including how to enjoy free concerts movies comedy acts and magic shows where to get free food and wine including Sunday brunch on the house information on free days at museums and the Shedd Aquarium the lowdown on Chicago's TV tapings and live shows and much more

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Health,2007 ***Milwaukee Magazine***,2008

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Body & Soul,2005

Library Journal,2008

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Body & Soul (Watertown, Mass.),2005

Franchise Times

,2010 *Time* ,2005 **Contacts** ,2009 **Quill & Quire** ,2001 **Middlebury Magazine** ,2005 **The New York Times Magazine** ,2005 **Vegetarian Times** ,2010 **The Journalist** ,1994 *Recreational Sports Directory* ,2008

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