

Name:

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READING QUESTIONS

THE RITE BANNER

Chapter 11

1. What is the physical and temporal setting of this chapter?

2. How does the fact America is across a different time zone and the Pacific Ocean affect the relationship the United States differently?

3. Consider Aoki's description of white America. How do you feel on page 516. Take a look at the language Aoki uses in this paragraph. What words and phrases does he use to describe white America. Are they positive? Negative? Neutral? Something else?

4. What are the themes and/or messages he conveys the end of this chapter?

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LP Steffe



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web der stoffwechsel auch metabolismus genannt umfasst alle vorgänge bei denen stoffe in unseren zellen neu aufgebaut abgebaut oder recycelt werden das ganze dient dazu unseren körper in schuss zu halten man unterscheidet dabei grob zwei stoffwechselabteilungen den baustoffwechsel und den energiestoffwechsel

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web da der anabole stoffwechsel für die synthese von eiweißen verantwortlich ist spielt dieser prozess auch beim muskelaufbau eine entscheidende rolle wenn du deinem körper ausreichend muskeltreibstoff in form von proteinen zur verfügung stellst kannst du effektiv muskeln aufbauen