

Chapter 11 Managing Weight and Eating Behaviors

Chapter 11

Lesson 2 Body Image and Eating Disorders

Directions: Use the following outline to help organize your notes as you read through the lesson.

Key Concept

Details

Skim the lesson. Write two questions that come to mind as you read the headings and captions.

1. _____
2. _____

New and Academic Vocabulary

Write the correct term in the left column for each definition below.

1. extreme, harmful eating behavior that can cause serious illness or death
2. weight-loss plan that tends to be popular for only a short time
3. the way you see your body
4. repeated pattern of losing and regaining body weight
5. to put or set forth
6. eating disorder characterized by severe weight loss from starvation
7. eating disorder in which periods of strict dieting are followed by binge eating and purging
8. eating disorder in which huge quantities of food are consumed at one time

Chapter 11 Managing Weight And Eating Behaviors Answers

Terry C. Jones



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