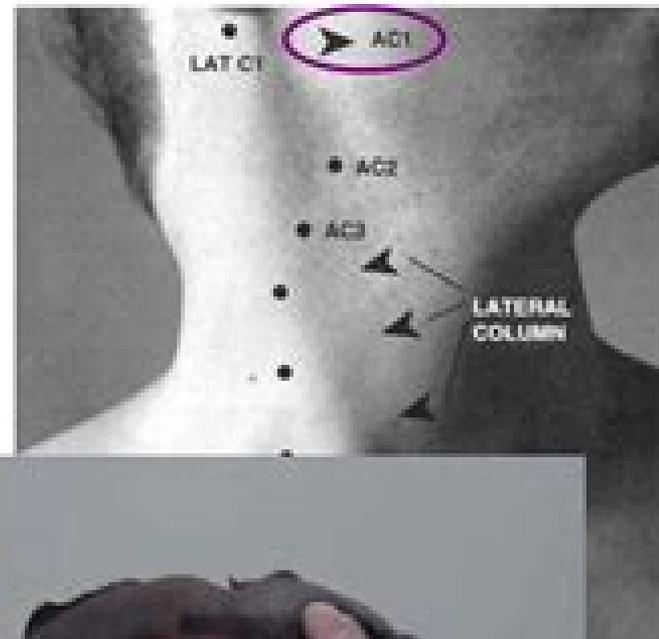


Jones Strain-Counterstrain

Anterior C1 Tender Point

- A.k.a the OA joint TP
- High on posterior ascending ramus of mandible
- *Contact TP & rotate away 90°*
- Find it, fold it, hold it, recheck!



Jones Strain Counterstrain

Huangqi Zhang



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Jones Strain-counterstrain Lawrence H. Jones, Randall S. Kusunose, Edward K. Goering, 1995 *Jones Strain-Counterstrain* Lawrence H. Jones, Randall S. Kusunose, Edward K. Goering, 1995 **Jones Strain-Counterstrain** Lawrence H. Jones, Randall S. Kusunose, Edward K. Goering, 1995 **Functional Soft Tissue Examination and Treatment by Manual Methods** Warren I. Hammer, 2004-04 This new edition of a very successful book includes chapters written by experts in the methods of manual treatment and provides step by step instructions on how to examine patients using a logical sequence of passive contractile and special tests and how to relate findings to biomechanical problems and lesions Included are hundreds of diagrams photographs illustrations and summary charts In this new edition chapters from the first edition have been thoroughly revised and updated and new material has been added on Myofascial Release Somatics Post Facilitation Stretch Friction Massage Hypo and Hyperpronation of the Foot Strain and Counter Strain and Gait the Extremities and the Spine [Therapeutic Exercise for Musculoskeletal Injuries](#) Peggy A. Houglum, 2018-10-30 [Therapeutic Exercise for Musculoskeletal Injuries](#) Fourth Edition With Online Video presents foundational information that instills a thorough understanding of rehabilitative techniques Updated with the latest in contemporary science and peer reviewed data this edition prepares upper undergraduate and graduate students for everyday practice while serving as a referential cornerstone for experienced rehabilitation clinicians The text details what is happening in the body why certain techniques are advantageous and when certain treatments should be used across rehabilitative time lines Accompanying online video demonstrates some of the more difficult or unique techniques and can be used in the classroom or in everyday practice The content featured in [Therapeutic Exercise for Musculoskeletal Injuries](#) aligns with the Board of Certification s BOC accreditation standards and prepares students for the BOC Athletic Trainers exam Author and respected clinician Peggy A Houglum incorporates more than 40 years of experience in the field to offer evidence based perspectives updated theories and real world applications The fourth edition of [Therapeutic Exercise for Musculoskeletal Injuries](#) has been streamlined and restructured for a cleaner presentation of content and easier navigation Additional updates to this edition include the following An emphasis on evidence based practice encourages the use of current scientific research in treating specific injuries Full color content with updated art provides students with a clearer understanding of complex anatomical and physiological concepts 40 video clips highlight therapeutic techniques to enhance comprehension of difficult or unique concepts Clinical tips illustrate key points in each chapter to reinforce knowledge retention and allow for quick reference The unparalleled information throughout [Therapeutic Exercise for Musculoskeletal Injuries](#) Fourth Edition has been thoroughly updated to reflect contemporary science and the latest research Part I includes basic concepts to help readers identify and understand common health questions in examination assessment mechanics rehabilitation and healing Part II explores exercise parameters and techniques including range of motion and flexibility proprioception muscle strength and endurance

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